

ALEXANDRA MAIN

CURRICULUM VITAE

AUGUST 31, 2019

Email: amain@ucmerced.edu
Office Phone: (209) 228-2429

School of Social Sciences, Humanities, and Arts
University of California, Merced
5200 North Lake Road
Merced, CA 95343

ACADEMIC POSITIONS

- 2014 – Present **Assistant Professor**, University of California, Merced
Psychological Sciences, School of Social Sciences, Humanities, & Arts
- 2013 – 2014 **Postdoctoral Scholar**, University of California, Merced
Psychological Sciences, School of Social Sciences, Humanities, and Arts
Research Supervisor: Deborah Wiebe, MPH, PhD

EDUCATION

- PhD **University of California, Berkeley**, Psychology, December 2013
Dissertation: *Empathic communication during mother-adolescent conflict management*
Committee: Qing Zhou, PhD, Joseph Campos, PhD, & Jodi Halpern, MD, PhD
- BA **Brandeis University**, Psychology with Highest Honors, Magna Cum Laude, May 2008
Honors Thesis: *Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic*
Research Supervisor: Joseph Cunningham, PhD; Academic Advisor: Malcolm Watson, PhD

RESEARCH INTERESTS

Emotional Development, Empathy, Interpersonal Processes, Adolescence, Conflict, Culture

AWARDS AND HONORS

- 2017 International Society for Research on Emotion Early Career Poster Award
- 2009-2013 Jacob K. Javits Fellowship
- 2008-2010 University of California, Berkeley Chancellor's Fellowship
- 2008 Brandeis University Eliot Aronson '54 Prize for Excellence in Psychological Research
- 2007-2008 Brandeis University Pauli Murray Fellowship
- 2007 University of California, Berkeley Summer Research Opportunity Program
- 2004-2008 Dean's List, Brandeis University
- 2004-2008 Louis and Anita Perlman Family Endowed Scholarship

PEER-REVIEWED PUBLICATIONS

*Denotes mentored graduate student authors. †Denotes mentored undergraduate student authors.

Main, A., & *Kho, C. (August 2019). A relational framework for integrating the study of empathy in children and adults. *Emotion Review*. Advance online first publication. <https://doi.org/10.1177/1754073919868755>.

*Disla, J., **Main, A.**, †Kashi, S., & Boyajian, J. (August 2019). The effect of mothers' emotional responses to adolescent disclosures and adolescent perspective taking on the timing of future disclosures. *Social Development*, 28, 657-673. doi: <https://doi.org/10.1111/sode.12360>

Main, A., Loughheed, J. P., *Disla, J., & †Kashi, S. (August 2019). Timing of adolescent emotional disclosures: The role of maternal emotions and adolescent age. *Emotion*, 19, 829-840. <https://doi.org/10.1037/emo0000483>

*Kho, C., **Main, A.**, Chung, S., & Zhou, Q. (July 2019). Intrusive parenting in Chinese American immigrant families: Relations with cultural orientations and children's adjustment. *Asian American Journal of Psychology*. Advance online first publication. <http://dx.doi.org/10.1037/aap0000165>

Tucker, C., Wiebe, D. J., **Main, A.**, Lee, A., & White, P. C. (March 2018). Adolescent information management and parental knowledge in non-Latino white and Latino youth managing type 1 diabetes. *Journal of Pediatric Psychology*, 43(2) 207-217. <https://doi.org/10.1093/jpepsy/jsx111>

Main, A., Walle, E. A., *Kho, C., & Halpern, J. (October 2017). The interpersonal functions of empathy: A relational perspective. *Emotion Review*, 9(4) 358-366. <https://doi.org/10.1177/1754073916669440>

Main, A., Zhou, Q., Liew, J., & Lee, C. (February 2017). Prosocial tendencies in Chinese American children from immigrant families: Associations with sociodemographic characteristics and psychosocial adjustment. *Social Development*, 26(1), 165-184. <http://dx.doi.org/10.1111/sode.12182>

Berg, C. A., Queen, T. L., Butner, J. E., Turner, S. L., Hughes, A. L., **Main, A.**, Anderson, J., Thoma, B., Winnick, J., & Wiebe, D. J. (January 2017). Adolescent disclosure to parents and daily management of type 1 diabetes. *Journal of Pediatric Psychology*, 42(1), 75-84. <https://doi.org/10.1093/jpepsy/jsw056>

Main, A., Paxton, A., & Dale, R. (September 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions. *Emotion*, 16(6), 913-928. <http://dx.doi.org/10.1037/emo0000180>

- Main, A.**, Wiebe, D. J., Van Bogart, K., Turner, S., Tucker, C., Butner, J. E., & Berg, C. A. (November-December 2015). Secrecy and type 1 diabetes management in late adolescence. *Journal of Pediatric Psychology*, *40*(10), 1075-1084. <http://dx.doi.org/10.1093/jpepsy/jsv060>
- Chen, S. H., Zhou, Q., **Main, A.**, & Lee, E. H. (October 2015). Chinese American immigrant parents' emotional expression in the family: Relations with parents' cultural orientations and children's emotion-related regulation. *Cultural Diversity and Ethnic Minority Psychology*, *21*(4), 619-629. <http://dx.doi.org/10.1037/cdp0000013>
- Chen, S. H., **Main, A.**, Zhou, Q., Bunge, S., Lau, N., & Chu, K. (2015). Effortful control and early academic achievement of Chinese American children in immigrant families. *Early Childhood Research Quarterly*, *30*(A), 45-56. <http://dx.doi.org/10.1016/j.ecresq.2014.08.004>
- Main, A.**, Wiebe, D. J., Croom, A. R., Sardone, K., Godbey, E., Tucker, C., & White, P. C. (November-December 2014). Associations of parent-adolescent relationship quality with type 1 diabetes management and depressive symptoms in Latino and Caucasian youth. *Journal of Pediatric Psychology*. *39*(10), 1104-1114. <http://dx.doi.org/10.1093/jpepsy/jsu062>
- Chen, S. H., Hua, M., Zhou, Q., Tao, A., Lee, E., Ly, J., & **Main, A.** (January 2014). Parent-child cultural orientations and child adjustment in Chinese American immigrant families. *Developmental Psychology*, *50*(1), 189-201. <http://dx.doi.org/10.1037/a0032473>
- Lee, E. H., Zhou, Q., Ly, J., **Main, A.**, Tao, A., & Chen, S. H. (April 2014). Neighborhood characteristics, parenting styles, and children's behavioral problems in Chinese American immigrant families. *Cultural Diversity and Ethnic Minority Psychology*, *20*(2), 202-212. <http://dx.doi.org/10.1037/a0034390>
- Zhou, Q., Tao, A., Chen, S. H., **Main, A.**, Lee, E., Ly, J., Hua, M., & Li, X. (September 2012). Asset and protective factors for Asian American children's mental health adjustment. *Child Development Perspectives*, *6*(3), 312-319. <http://dx.doi.org/10.1111/j.1750-8606.2012.00251.x>
- Zhou, Q., Chen, S. H., & **Main, A.** (June 2012). Commonalities and differences in the research of children's effortful control and executive function: A call for an integrated model of self-regulation. *Child Development Perspectives*, *6*(2), 112-121. <http://dx.doi.org/10.1111/j.1750-8606.2011.00176.x>
- Main, A.**, Zhou, Q., Ma, Y., Luecken, L. J., & Liu, X. (July 2011). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. *Journal of Counseling Psychology*, *58*(3), 410-423. <http://dx.doi.org/10.1037/a0023632>

Campos, J. J., Walle, E. A., Dahl, A., & **Main, A.** (January 2011). Reconceptualizing emotion regulation. *Emotion Review*, 3(1), 26-35. <http://dx.doi.org/10.1177/1754073910380975>

Unger, R. K., Sheese, K., & **Main, A.** (December 2010). Feminism and women leaders in SPSSI: Social networks, ideology, and generational change. *Psychology of Women Quarterly*, 34(4), 474-485. <http://dx.doi.org/10.1111/j.1471-6402.2010.01597.x>

Zhou, Q., **Main, A.**, & Wang, Y. (February 2010). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. *Journal of Educational Psychology*, 102(1), 180-196. <http://dx.doi.org/10.1037/a0015908>

INVITED PUBLICATIONS

Main, A. (in press). Parenting and prosocial/moral development in Asian and Asian immigrants to the U.S. In D. J. Laible, G. Carlo, & L. M. Walker (Eds.), *Oxford handbook of parenting and moral development*. Oxford University Press.

Main, A. (July 2017). Empathy and its development: What is missing? In C. Price and E. A. Walle (Eds.), *Emotion Researcher, the International Society for Research on Emotion Sourcebook for Research on Emotion and Affect* (pp. 59-65). <http://emotionresearcher.com/wp-content/uploads/2017/07/Emotion-Researcher-July-2017.pdf>

Main, A. (September 2012). Executive functions and children's development. White paper for the *Scientific Learning Corporation*.

MANUSCRIPTS UNDER REVIEW/REVISION

Walle, E. A., Reschke, P. J., **Main, A.**, & Shannon, R. M. (under invited revision). The development of distinct prosocial behaviors in infancy.

Chung, S., Zhou, Q., *Kho, C., & **Main, A.** (under review). Latent profiles of parent-child conflict topics in Chinese American immigrant families.

Lougheed, J. P., & **Main, A.** (under review). Mother-adolescent emotion dynamics during conflicts: Associations with perspective taking.

MANUSCRIPTS IN PREPARATION

Hussain, M., *Kho, C., **Main, A.**, & Zawadzki, M. (in preparation). In-the-moment social interactions and health as a function of cultural values: Examining Latino/a college students.

Lougheed, J. P., & **Main, A.** (in preparation). The associations between mother-adolescent conflict dynamics and perspective taking.

*Kho, C., **Main, A.**, Zawadzki, M., Hussain, M., & *Yung, S. T. (in preparation). Culture in everyday life: An ecological momentary assessment approach to understanding the dynamics of culture.

Main, A., Zhou, Q., & Liew, J. (in preparation). Links of dual language proficiency to Chinese American children's effortful control and sympathy.

*Yung, S. T., **Main, A.**, Dale, R., Cowan, P. A., & Cowan, C. P. (in preparation). Emotion dynamics in triadic parent-adolescent interactions: Links with adolescent anxiety and depressive symptoms.

*Kho, C., **Main, A.**, Wiebe, D. J., Cameron, L., & Raymond, J. (in preparation). Parents' empathic accuracy in the context of coping with their adolescents' type 1 diabetes.

Main, A., *Kho, C., & Rote, W. M. (in preparation). Links between maternal behaviors and adolescent disclosure as a function of adolescent perceptions of maternal behaviors and conflict management.

*Disla, J., *Yung, S. T., **Main, A.**, Wiebe, D. J., Cameron, L., & Raymond, J. (in preparation). Parental regulatory responses to adolescent disclosures in the context of type 1 diabetes management.

RESEARCH GRANTS

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| 2019 | Co-Principal Investigator, "Effects of the Social and Physical Environment on the Health of Latina Adolescent Mothers and their Children," UC Merced Health Sciences Research Institute. Total proposed direct costs: \$10,000. Co-PIs Sandie Ha, Rose Scott, & Eric Walle (declined). |
| 2017 | Co-Principal Investigator, "Translational Research to Promote Health Equity in Rural Areas," National Institute on Minority Health and Health Disparities. Total proposed direct costs: \$15,000,000. Lead PI: Paul Brown (declined). |
| 2017 | Co-Principal Investigator, "Academic Promise, Socioeconomic Risk: Predictors of Continued Academic Achievement in Gifted Immigrant Youth," American Psychological Foundation Esther Katz Rosen Fund. Total proposed direct costs: \$50,000. Co-PI Stephen Chen (declined). |
| 2016-2017 | Principal Investigator, "Fourth Annual Symposium on the Child and Family," First 5 Merced County General Mini-Grants Program. Total direct costs: \$2,000. |
| 2016-2017 | Principal Investigator, "Adolescent Pregnancy and Parenting: A Multi-Generational Study," Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$15,000. Co-PIs Rose Scott and Eric Walle. |

- 2016 Principal Investigator, “Adolescent Pregnancy and Parenting: A Multi-Generational Study,” First 5 Merced County General Mini-Grants Program. Total direct costs: \$3,000. Co-PIs Rose Scott and Eric Walle.
- 2015-2016 Principal Investigator, “Family Communication During Conflict and Adolescent Type 1 Diabetes Management in Latino Families,” Academic Senate Faculty Research Grant, University of California, Merced. Total direct costs: \$10,000. Co-PIs Deborah Wiebe and Linda Cameron.
- 2014 Principal Investigator, “Family Communication During Conflict and Adolescent Type 1 Diabetes Management in Latino Families,” Society for Pediatric Psychology Targeted Research Grant. Total proposed direct costs: \$20,000. Co-PIs Deborah Wiebe and Linda Cameron (declined).
- 2012-2013 Principal Investigator, "Relations of Cultural Orientation and Effortful Control to Chinese American Children's Sympathy and Prosocial Behavior: A Longitudinal Study," Hornaday Graduate Research Fellowship, Greater Good Science Center. Total direct costs: \$5,000. Co-PI Qing Zhou.
- 2012-2013 Principal Investigator, "Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy," Psi Chi Graduate Fellowship. Total direct costs: \$1,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, “Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy,” Institute of Human Development, University of California, Berkeley. Total direct costs: \$2,000. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.
- 2011 Principal Investigator, “Emotion Regulation During Mother-Adolescent Conflict Discussions: The Role of Empathy,” Department of Psychology, University of California Berkeley Summer Research Fellowship. Total direct costs: \$3,500. Co-PIs Qing Zhou, Joseph Campos, and Jodi Halpern.

INVITED TALKS

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- Main, A., & *Disla, J.** (February 2019). The effect of mothers’ real-time responses to adolescent disclosures on the timing of subsequent disclosures: The role of maternal empathy. Talk presented at the Parenting and Family Dynamics Pre-Conference for the Society for Personality and Social Psychology, Portland, OR.
- Main, A.** (November 2016). Parenting and prosocial/moral development in Asian, South Asian, and Asian immigrants to the U.S. Talk presented at the Brigham Young University Symposium on Family and Human Development, Provo, UT.

Carlo, G., Jensen, L., & **Main, A.** (March 2016). Culture and moral development. Panel discussion at the Society for Research on Adolescence Third Annual Moral Development Preconference, Baltimore, MD.

Main, A. (November 2014). Emotional communication in the context of parent-adolescent conflict: Cultural, developmental, and transactional considerations. Talk presented at Stanford University, Palo Alto, CA.

Halpern, J., Hollan, D., **Main, A.**, & Zaki, J. (August 2013). Empathy. Panel discussion at the International Society for Research on Emotion biennial conference, Berkeley, CA.

Main, A., Zhou, Q., Lee, C., & Liew, J (October 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Merced Psychological Sciences Colloquium, Merced, CA.

CONFERENCE ORGANIZING

Program Committee Co-Chair, Society for Research in Child Development Moral Development Pre-Conference, March 2019, Baltimore, MD.

Program Committee Chair, Society for Research on Adolescence Moral Development Pre-Conference, April 2018, Minneapolis, MN.

CHAired CONFERENCE SYMPOSIA

Main, A. (March 2019). Is it a six or a nine? Quantifying parent-adolescent perspectives in dynamic interpersonal interactions. Society for Research in Child Development, Baltimore, MD.

Main, A. (July 2018). Associations between family relationship characteristics and adolescent adjustment: Insights from systems perspectives across multiple methods. International Society for the Study of Behavioural Development, Queensland, Australia.

Main, A. (April 2018). Parent-adolescent conflict and communication in ethnic minority and immigrant families. Society for Research on Adolescence, Minneapolis, MN.

Main, A. (April 2018). Dynamic relations between adolescent information management and parent strategies across adolescence. Society for Research on Adolescence, Minneapolis, MN.

Main, A. (July 2017). Emotional development. International Society for Research on Emotion biennial meeting, St. Louis, MO.

van Lissa, C., & **Main, A.** (March 2014). The role of empathy and support in adolescent-parent conflict resolution. Society for Research on Adolescence biennial meeting, Austin, TX.

Main, A. (August 2013). Parent-child emotional communication. International Society for Research on Emotion biennial meeting, Berkeley, CA.

CONFERENCE TALKS

*Denotes mentored graduate student authors/presenters. †Denotes mentored undergraduate student authors/presenters.

Reschke, P. J., Walle, E. A., **Main, A.**, & Shannon, R. (submitted). The effect of emotion on infants' distinct prosocial behaviors. Talk submitted for presentation at the International Society for Research on Emotion biennial conference, Amsterdam, the Netherlands.

Main, A., *Kho, C., Wiebe, D. J., Cameron, L., & Raymond, J. (March 2019). Parents' and adolescents' empathic accuracy in the context of managing type 1 diabetes. (Chair: Alexandra Main). Talk presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

*Disla, J., **Main, A.**, Kashi, S., & Boyajian, J. (March 2019). The timing of adolescent disclosures: The effects of maternal emotional responses and adolescent perspective taking. (Chair: Jessica Lougheed). Talk presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

Main, A., *Kho, C., Wiebe, D. J., & Cameron, L. (February 2019). Parents' and adolescents' empathic accuracy during discussions about coping with type 1 diabetes: Links with individual and relationship characteristics. (Chair: Audun Dahl). Talk presented at the Society for Personality and Social Psychology annual conference, Portland, OR.

*Yung, S. T., **Main, A.**, Cowan, P. A., & Cowan, C. P. (July 2018). Parent responses to adolescent emotions in a triadic family context: Associations with adolescent depressive and anxiety symptoms. (Chair: Alexandra Main). Talk presented at the International Society of the Study of Behavioural Development biennial conference, Queensland, Australia.

Main, A., Zhou, Q., & Liew, J. (July 2018). Links of dual language proficiency to Chinese American children's effortful control and sympathy. (Chair: Qing Zhou). Talk presented at the International Society of the Study of Behavioural Development biennial conference, Queensland, Australia.

Main, A., Lougheed, J. P., & *Disla, J. (April 2018). Dynamics of observed adolescent disclosure during mother-adolescent conflict: The role of maternal emotions and adolescent age. (Chair: Alexandra Main, discussant: Robert Laird). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

*Kho, C., **Main, A.**, Chung, S., & Zhou, Q. (April 2018). Observed and reported psychological control in Chinese American immigrant families: Relations with pre-adolescents' psychological adjustment. (Chair: Alexandra Main). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.

- Chung, S., Zhou, Q., *Kho, C., & **Main, A.** (April 2018). Latent profiles of parent-child conflict topics in Chinese American immigrant families: Links to family socio-cultural factors and adjustment in preadolescents. (Chair: Alexandra Main). Talk presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- *Disla, J., & **Main, A.** (July 2017). Parental emotion-related behaviors that facilitate and inhibit adolescent disclosure to parents during everyday interactions. (Chair: Alexandra Main). Talk presented at the International Society for Research on Emotion biennial conference, St. Louis, MO.
- Main, A.,** & *Disla, J. (April 2017). Parental emotion-related behaviors that facilitate and inhibit adolescent disclosure to parents during everyday interactions. (Chair: Christina Gamache Martin, discussant: Lynn Fainsilber-Katz). Talk presented at the Society for Research in Child Development biennial conference, Austin, TX.
- Main, A.,** Paxton, A., & Dale, R. (April 2016). An exploratory analysis of emotion dynamics between mothers and adolescents during conflict discussions (Chairs: Deborah Laible & Mary Eberly-Lewis). Society for Research on Adolescence biennial conference, Baltimore, MD.
- Main, A.,** Paxton, A., & Dale, R. (July 2015). An exploratory analysis of dynamic emotional communication between parents and adolescents during conflict discussions. Paper presented at the International Society for Research on Emotion biennial conference, Geneva, Switzerland.
- Main, A.,** Halpern, J., Campos, J. J., & Zhou, Q. (March 2014). Cultural and developmental considerations of empathic communication during mother-adolescent conflict management. (Chairs: Caspar van Lissa and Alexandra Main). Paper presented at the Society for Research on Adolescence biennial conference, Austin, TX.
- Main, A.,** Zhou, Q., Campos, J. J., & Halpern, J. (August 2013). Empathic communication during mother-adolescent conflict management. (Chair: Alexandra Main). Paper presented at the International Society for Research on Emotion biennial conference, Berkeley, CA.
- Main, A.,** Zhou, Q., Lee, C., & Liew, J. (May 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Santa Cruz, CA.
- Zhou, Q., **Main, A.,** Lee, C., & Liew, J. C. (February 2012). Relations of self-regulation and cultural orientation to sympathy and prosocial behavior in Chinese American children in immigrant families. Paper presented at the 2012 Society for Child Development Themed Meeting on Positive Development in Minority Youth.

- Main, A.,** Chen, S. H., & Zhou, Q. (May 2010). The relations of effortful control and cognitive control to Chinese American children's math skills: A multi-method approach. Paper presented at UC Berkeley, UC Santa Cruz, Stanford Developmental Conference, Berkeley, CA.
- Chen, S. H., **Main, A.,** & Zhou, Q. (April 2009). Relations of cultural orientation and temperament to Chinese American immigrant children's math achievement. (Chair: Carlos Valiente). Paper presented at the Society for Research in Child Development biennial conference, Denver, CO.
- Main, A.,** Zhou, Q., & Wang, Y. (May 2008). Relations of SARS-related stressors and coping to Chinese college students' psychological adjustment during the 2003 Beijing SARS epidemic. Paper presented at the Brandeis University Honors Thesis Symposium, Waltham, MA.
- Zhou, Q., **Main, A.,** & Wang, Y. (August 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement: A longitudinal study. (Chairs: Jeffrey Liew & Qing Zhou). Paper presented at the American Psychological Association annual conference, San Francisco, CA.
- Main, A.,** & Zhou, Q., (July 2007). The relations of temperamental effortful control and anger/frustration to Chinese children's academic achievement and social adjustment: A longitudinal study. Paper presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.

CONFERENCE POSTER PRESENTATIONS

- †Gamez, S. H., **Main, A.,** Wiebe, D. J., Cameron, L., & Raymond, J. (April 2019). Endorsement of U.S. cultural values in parent-adolescent dyads managing type 1 diabetes: Associations with psychological and physical health. Poster presented at the Society for Pediatric Psychology annual conference, New Orleans, LA.
- *Yung, S. T., **Main, A.,** Scott, R. M., Walle, E. A., & Hahn-Holbrook, J. (March 2019). Adolescent mothers' mental health and the home literacy environment: The role of social support. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.
- *Disla, J., **Main, A.,** Wiebe, D. J., Cameron, L., & Raymond, J. (March 2019). Associations between observed disclosure and adjustment in Latinx adolescents with type 1 diabetes. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.
- *Kho, C., **Main, A.,** & Rote, W. M. (March 2019). Parental psychological control and adolescents' perceptions of parent-adolescent interactions: The role of relationship quality. Poster presented at the Society for Research in Child Development biennial conference, Baltimore, MD.

- Spencer, C., **Main, A.**, & McKeown (April 2018). Towards the development of the ICE (Interpersonal Coding of Empathy) scheme. Poster presented at the Consortium of European Research on Emotion, Glasgow, Scotland.
- *Kho, C., *Yung, S. T., **Main, A.**, & Chen, S. H. (April 2018). Relations between emotion regulation and stress during emerging adulthood in first-generation college students: The role of culture. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- *Yung, S. T., **Main, A.**, Scott, R. M., & Walle, E. A. (April 2018). Associations between adolescent mothers' family support, conflict and mental health: The role of cultural values. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- *Yung, S. T., **Main, A.**, †Kaur, S., Cowan, P. A., & Cowan, C. P. (April 2018). Parent responses to adolescent emotions in a triadic family context: Associations with adolescent depressive and anxiety symptoms. Poster presented at the Society for Research on Adolescence biennial conference, Minneapolis, MN.
- Main, A.**, & Dale, R. (July 2017). A novel approach to uncovering dynamic patterns of parent-adolescent emotions during conflict discussions. Poster presented at the International Society for Research on Emotion biennial conference, St. Louis, MO.
- *Disla, J., & **Main, A.** (April 2017). Observed adolescent disclosure and parental supportive behavior during parent-adolescent conflict discussions. Poster presented at the Society for Research in Child Development biennial conference, Austin, TX.
- †Johnston, S., **Main, A.**, *Disla, J., *Kho, C., & Campbell, K. (April 2017). Associations between familism and quality of interactions with primary caregivers across Hispanic and non-Hispanic white emerging adults. Poster presented at the Society for Research in Child Development biennial conference, Austin, TX.
- *Kho, C., **Main, A.**, & Zhou, Q. (March 2016). Relations of culture and psychological control to pre-adolescents' adjustment in Chinese American immigrant families. Poster presented at the Society for Research on Adolescence biennial conference, Baltimore, MD.
- Main, A.**, Wiebe, D. J., Van Bogart, K., Turner, S. L., Tucker, C., & Berg, C. A. (March 2015). Predictors of secrecy from parents and associations with type 1 diabetes management in late adolescence. Poster presented at the Society for Research on Child Development biennial conference, Philadelphia, PA.
- Main, A.**, & Wiebe, D. J. (March 2014). Parent-adolescent relationship quality and type 1 diabetes management in Latino and Caucasian youth. Poster presented at the Society of Pediatric Psychology annual conference, Philadelphia, PA.

- Main, A.,** Halpern, J., Campos, J. J., & Zhou, Q. (April 2013). Emotion regulation during mother-adolescent conflict discussions: The role of empathy. Poster presented at the Society for Research on Child Development biennial conference, Seattle, WA.
- Main, A.,** Zhou, Q., Lee, C., & Liew, J. (April 2013). The relations of cultural orientation and parenting style to Chinese American children’s sympathy and prosocial behavior: A longitudinal study. Poster presented at the Society for Research on Child Development biennial conference, Seattle, WA.
- Main, A.,** Zhou, Q., & Sum, C. (January 2012). The relations of cultural orientation and effortful control to Chinese American children's sympathy and prosocial behavior: A longitudinal study. Poster presented at the Society for Social and Personality Research annual conference, San Diego, CA.
- Main, A.,** Chen, S. H., Zhou, Q., & Bunge, S. (March 2011). The relations of cognitive control to Chinese American children’s reading and math skills. Poster presented at the Society for Research on Child Development biennial conference, Montreal, Quebec, Canada.
- Main, A.,** Chen, S. H., & Zhou Q. (June 2009). The relations of effortful control and cognitive control to Chinese American children’s reading and math skills: A multi-method approach. Poster presented at the Neuroscience of Emotion conference at Tufts University, Medford, MA.
- Main, A.,** Zhou, Q., & Wang, Y. (July 2007). The relations of temperamental effortful control and anger/frustration to Chinese children’s academic achievement and social adjustment: A longitudinal study. Poster presented at the UC Berkeley Summer Research Opportunity Program symposium, Berkeley, CA.
- Main, A.,** & Unger, R. K. (May 2007). SPSSI: A content analysis. Poster presented at the Brandeis University Women’s Studies Research Center symposium, Waltham, MA.

INVITED COLLABORATIONS

2018 – Present NIH Early Head Start Project (Sponsored by NICHD) – Member of research team for parent-child discourse project.

TEACHING AND MENTORING

Graduate Student Advising

2018 – present Abigail Bolter, University of California, Merced
2016 – present Shun Ting Yung, University of California, Merced
2015 – present Janice Disla, University of California, Merced
2014 – present Carmen Kho, University of California, Merced

Doctoral Committee Member

2019 – present Aislinn Beam, University of California, Merced

2017 – present Ashley Baker, University of California, Merced
 2015 – present Gerald Eisman, University of California, Merced
 2015 – 2019 Jennifer Knothe, University of California, Merced
 2015 – 2018 Peter Reschke, University of California, Merced

Instructor, University of California, Merced

<i>Undergraduate Courses</i>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2018 Fall	Adolescent Development	80	6.4
2018 Spring	Adolescent Development	80	6.4
2017 Fall	Development in the Family Context	30	6.7
2017 Spring	Adolescent Development	80	6.5
2016 Fall	Adolescent Development	80	6.4
2016 Spring	Adolescent Development	80	6.4
2015 Fall	Adolescent Development	80	6.3
2015 Spring	Adolescent Development	80	5.9
<i>Graduate Courses</i>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2018 Spring	Topics in Developmental Psychology II (Co-Instructor)	4	NA
2016 Fall	Development in the Family Context	7	6.5
2016 Fall	Special Topics in Developmental Psychology	12	6.6
2015 Fall	Topics in Developmental Psychology II (Co-Instructor)	6	7.0
2014 Fall	Special Topics in Developmental Psychology	9	6.8
<u>Graduate Student Instructor, University of California, Berkeley</u>		<u>Class Size</u>	<u>Rating (out of 7)</u>
<u>Semester</u>	<u>Course</u>		
2012 Spring	Developmental Psychology (Prof. Allison Gopnik)	200	6.4
2010 Fall	Developmental Psychopathology (Prof. Qing Zhou)	150	6.7
2009 Fall	Introduction to Psychology (Prof. John Kihlstrom)	450	5.8

Guest Lectures

Fall 2018 Seminar in Professional Development, “Family Emotion Dynamics in Diverse Contexts,” University of California, Merced
 Fall 2015 Seminar in Professional Development, “Emotion Dynamics in the Family Context,” University of California Merced
 Fall 2014 Seminar in Professional Development, “Succeeding in Graduate School,” University of California, Merced
 Spring 2012 Developmental Psychology, “Attachment and the Self,” University of California, Berkeley

Fall 2011 Seminar on Emotion and Emotional Development, “The Development of Empathy,” University of California, Berkeley

Undergraduate Student Honors Theses Supervised

2011-2012 Alexandra Antkowiak, University of California, Berkeley
 2010-2011 Charlene Sum, University of California, Berkeley

CURRICULUM DEVELOPMENT

Courses Developed

University of California, Merced

2017 Development in the Family Context (undergraduate)
 2016 Development in the Family Context (graduate)
 2015 Developmental Psychology Core Course (graduate)
 2015 Adolescent Development (undergraduate)

SERVICE

2018-present Faculty mentor, Early Career Researcher Section, International Society for Research on Emotion
 2017-present Member, Undergraduate Curriculum and Education Policy Committee, UC Merced
 2017-present Co-organizer, Annual UC Merced Symposium on the Child and Family, UC Merced
 2017 Faculty representative, Office of Research Compliance and Integrity assessment committee, UC Merced
 2017 Presenter, Tri-District Medical Academies Conference, Planada, CA
 2017 Member, Graduate Council Sub Awards Committee, UC Merced
 2017 Member, Continuing Graduate Fellowships Review Committee, UC Merced
 2016-present Member, Graduate Curriculum and Education Policy Committee, UC Merced
 2016-present Member, Executive Committee, Alliance for Child and Family Health and Development, Merced, CA
 2016-present Faculty representative, Graduate Program Learning Outcome (PLO) assessment: PLOs 3 (pedagogy) and 5 (professionalism), UC Merced
 2016 Faculty representative, Psychological Sciences, Preview Day, UC Merced
 2016 Reviewer, Social, Emotional, and Personality panel for the Society for Research in Child Development biennial meeting
 2016 Faculty representative, Psi Chi meet and greet, UC Merced
 2016 Faculty representative, Psychological Sciences, Bobcat Day, UC Merced
 2016 Co-organizer, Psychological Sciences first-year graduate student presentations, UC Merced
 2015-2016 Faculty participant, Fiat Lux Scholars Program luncheons

2015-2017	Co-organizer and presenter, Annual UC Merced Symposium on the Child and Family, UC Merced
2014-2015	Member, Developmental Psychology Search Committee, UC Merced
2014	Reviewer, UC President's Postdoctoral Fellowship
2014	Reviewer, SRCD Millennium Scholars Program
2014	Faculty participant, Dinner with a Scientist, UC Merced
2011	Citizen Teacher; Citizen Schools; Lionel B. Wilson Middle School, Oakland, CA
2010-2011	President, Graduate Association of Students in Psychology (GASP); UC Berkeley
2009-2010	Secretary, Graduate Association of Students in Psychology (GASP); UC Berkeley

EDITORIAL ROLES

Editorial board, *Cultural Diversity and Ethnic Minority Psychology*
Article editor, *SAGE Open*

AD HOC REVIEWER

Anxiety, Stress, and Coping
Applied Developmental Science
Asia Pacific Journal of Education
Asian Journal of Social Psychology
Behavior Research Methods
Canadian Journal of Behavioural Science
Child Development
Cognitive Development
Cultural Diversity and Ethnic Minority Psychology
Early Education and Development
Emotion
Experimental Psychology
Frontiers in Psychology
Gifted Child Quarterly (co-review)
Infant Behavior and Development
International Journal of Bilingual Education and Bilingualism
International Journal of Psychology
Journal of Adolescent Health
Journal of Applied Developmental Psychology
Journal of Child and Family Studies
Journal of Cognition and Culture
Journal of Cross-Cultural Psychology
Journal of Experimental Child Psychology
Journal of Family Issues
Journal of Family Studies
Journal of Pediatric Endocrinology and Metabolism

Journal of Pediatric Psychology
Journal of Personal and Social Relationships
Journal of Personality and Social Psychology
Journal of Research on Adolescence
Learning and Individual Differences
PLOS ONE
Social Development
Spanish Journal of Psychology
The Journal of Moral Education

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)
American Psychological Association (APA)
International Society for Research on Emotion (ISRE)
Society for Personality and Social Psychology (SPSP)
Society for Research on Adolescence (SRA)
Society for Research in Child Development (SRCD)
Society of Pediatric Psychology (SPP)

PROFESSIONAL TRAINING

Intensive Longitudinal Data Workshop
University of California, Merced, Merced, CA 2017

Quantitative Psychology Workshop: Missing Data
University of California, Merced, Merced, CA, 2015

Longitudinal Research Institute Workshop: Structural Equation Modeling
University of California, Davis, Davis, CA, 2012

PROFESSIONAL REFERENCES

Joseph Campos, PhD, Professor of Psychology
University of California, Berkeley
3111 Tolman Hall
Berkeley, CA 94720
Phone: (510) 643-9975
Email: jcampos@berkeley.edu

Jodi Halpern, PhD, MD, Professor of Public Health, Joint Medical Program
University of California, Berkeley
570 University Hall
Berkeley, CA 94720
Phone: (510) 642-4366
Email: jhalpern@berkeley.edu

Deborah Wiebe, PhD, MPH, Professor of Psychological Sciences
University of California, Merced
308A Social Sciences and Management Building
Merced, CA 95343
Phone: (209) 228-4614
Email: dwiebe@ucmerced.edu

Qing Zhou, PhD Associate Professor of Psychology
University of California, Berkeley
3329 Tolman Hall
Berkeley, CA 94720
Phone: (510) 642-2151
Email: qingzhou@berkeley.edu