

## MARTIN HAGGER – CURRICULUM VITA JANUARY 2020

### PERSONAL DETAILS AND CONTACT

Martin St. John Hagger, BA (Hons) (*Loughborough*), PhD (*Loughborough*), Dip Psych (*Open*), PhD (*Jyväskylä*)

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Psychological Sciences  
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### QUALIFICATIONS

May 1991

*International Baccalaureate, United World College, Singapore*

June 1994

*BA (Hons.) in PE and Sports Science, Loughborough University, UK*

November 1998

*PhD in PE and Sports Science, Loughborough University, UK*

December 2001

*Postgraduate Diploma in Psychology, Open University, UK*

May 2014

*PhD in Sport and Health Sciences, University of Jyväskylä, Finland*

### ACADEMIC POSTS

02/01/1999 – 09/30/2001

**Postdoctoral Research Fellow**, Department of Psychology, University of Sheffield, UK.

10/01/2001 – 01/31/2002

**Senior Research Officer**, Department of Psychology, University of Essex, UK.

02/01/2002 – 01/21/2006

**Lecturer**, Department of Psychology, University of Essex, UK.

02/01/2006 – 04/30/2011

**Reader and Associate Professor**, School of Psychology, University of Nottingham, UK.

03/23/2011 – 06/30/2019

**Professor of Psychology**, School of Psychology, Curtin University, Australia

10/30/2013 – 10/30/2018

**John Curtin Distinguished Professor**, Curtin University, Australia

05/01/2016 – 12/31/2020

**Finnish Distinguished Professor (FiDiPro)**, Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland

07/01/2019 –

**Professor of Health Psychology**, Psychological Sciences, University of California, Merced, USA.

### VISITING AND HONORARY POSTS

06/01/2011 – 07/31/2011

**Visiting Professor**, University of Bordeaux, Bordeaux, France

04/01/2014 – 05/31/2014

**Adjunct Professor**, School of Applied Psychology, Griffith University, Australia

07/14/2014 – Present

**Adjunct Professor**, School of Human, Health and Social Sciences, Central Queensland University, Australia

11/17/2014 – 12/01/2014

**Visiting Professor**, Université Grenoble Alpes, Grenoble, France

09/15/2015 – 09/27/2015

**Visiting Professor**, Education University of Hong Kong, Hong Kong

04/15/2016 – 07/04/2016

**Visiting Professor**, Sapienza University of Rome, Rome, Italy

03/01/2017 – 03/31/2017

**Kennedy Y. H. Wong Distinguished Visiting Professor**, Hong Kong Baptist University, Hong Kong

09/01/2018 – 09/21/2018

**Visiting Professor**, Université Paris Nanterre, Paris, France

### CITATION METRICS (January, 2020)

Google Scholar: <http://scholar.google.com.au/citations?user=-5rAFa8AAAAJ&hl=en>

ORCID: <http://orcid.org/0000-0002-2685-1546>

ResearchGate: [http://www.researchgate.net/profile/Martin\\_Hagger/](http://www.researchgate.net/profile/Martin_Hagger/)

Thomson Reuters ResearcherID: <http://www.researcherid.com/rid/G-5211-2012>

Publons: <https://publons.com/researcher/1590212/martin-s-hagger/>

Microsoft Academic: <https://academic.microsoft.com/profile/498f86f5-8313-4f9g-e74i-4fh1f02g8f4h/MartinHagger/publication/search?q=Martin%20Hagger&qe=%2540%2540USER.PUBLICATIONS%253D498b86b5-8313-4b9c-a74e-4bd1b02c8b4d&f=&orderBy=0>

Social psychology network: <http://www.socialpsychology.org/member/martin-hagger>

Indicator	Google Scholar	Web of Science®	Scopus®
Total citations	24,847	10,726	11,633
i10-index	240	176	189

Highly cited articles:

Clarivate Analytics (Thompson Reuters) Web of Science® *Highly Cited* articles: 11†  
Clarivate Analytics (Thompson Reuters) Web of Science® *Hot Papers*: 2Δ

†Publication which has been, or is currently, marked as a *Highly Cited Paper* by Clarivate Analytics (Thompson Reuters) Web of Science® receiving enough citations to place it the top 1% of its academic field based on a highly cited threshold for the field and publication year, see *List of Publications* for details

ΔPublication which has been, or is currently, marked as a *Hot Paper* by Clarivate Analytics (Thompson Reuters) Web of Science® receiving enough citations to place it in the top 0.1% of papers in its academic field, see *List of Publications* for details

## **EDITORIAL BOARDS AND SERVICE OF PEER-REVIEWED SCHOLARLY PERIODICALS**

### **Editorships and Editorial Boards**

<b>Role</b>	<b>Journal</b>	<b>Period</b>	<b>2017 Impact Factor</b>
Editor-in-Chief	<i>Health Psychology Review</i>	2010-2019	8.597
Editor-in-Chief	<i>Psychology of Sport and Exercise</i>	2007-2011	2.878
Editor-in-Chief	<i>Stress and Health</i>	2014-2019	1.661
Associate Editor	<i>Frontiers in Psychology (Social and Personality Psychology)</i>	2016-2018	2.089
Associate Editor	<i>Stress and Health</i>	2009-2013	1.661
Associate-Editor	<i>Psychology and Health</i>	2006-2010	2.459
Senior Editor	<i>Health Psychology Bulletin</i>	2017-	-
Editorial Board Member	<i>Atherosclerosis</i>	2017-	4.467
Editorial Board Member	<i>Annals of Behavioral Medicine</i>	2015-	3.118
Editorial Board Member	<i>Brain and Behavior</i>	2014-	2.219
Editorial Board Member	<i>Behavioral Sciences</i>	2020-	-
Editorial Board Member	<i>British Journal of Health Psychology</i>	2006-	2.706
Editorial Board Member	<i>Frontiers in Psychology (Social &amp; Personality Psychology)</i>	2015-2016	2.089
Editorial Board Member	<i>Frontiers in Psychology (Movement Science &amp; Sport Psychology)</i>	2010-2018	2.089
Editorial Board Member	<i>International Journal of Behavioral Medicine</i>	2018-	2.012
Editorial Board Member	<i>International Review of Sport and Exercise Psychology</i>	2008-	2.391
Editorial Board Member	<i>Journal of Behavioral Medicine</i>	2009-2014	2.880
Editorial Board Member	<i>Journal of Sport and Exercise Psychology</i>	2013-2014	2.410
Editorial Board Member	<i>Psychological Bulletin</i>	2019-	13.250
Editorial Board Member	<i>Psychology and Health</i>	2010-	2.459
Editorial Board Member	<i>Psychology, Health, and Medicine</i>	2007-	1.589
Editorial Board Member	<i>Psychology of Sport and Exercise</i>	2012-2014	2.878
Editorial Board Member	<i>Social Science and Medicine</i>	2020-	3.087
Editorial Board Member	<i>Social Psychology, Hogg and Vaughan</i>	2003-2004	-

### **Peer Reviewer for the Following Journals:**

Acta Psychologica; Addiction Research and Theory; American Journal of Psychology; Annals of Behavioral Medicine; Applied Psychology an International Review; Applied Psychology Health and Well Being; British Academy; British Journal of Educational Psychology; British Journal of Health Psychology; British Journal of Psychology; British Journal of Social Psychology; British Medical Journal; Cognition and Emotion; Consciousness and Cognition; Current Directions in Psychological Science; Educational Psychology; Emotion; European Journal of Personality; European Journal of Psychology of Education; European Journal of Social Psychology; European Physical Education Review; Exercise and Sport Sciences Reviews; Experimental and Clinical Psychopharmacology; Frontiers in Movement Science and Sport Psychology; Frontiers in Psychology; Health Education Research; Health Expectations; Health Promotion Practice; Health Psychology; Health Psychology Review; Implementation Science; International Journal of Behavioral Development; International Journal of Behavioral Medicine; International Journal of Behavioral Nutrition and Physical Activity; International Journal of Psychology; International Journal of Sport and Exercise Psychology; International Journal of Sport Psychology; International Review of Sport and Exercise Psychology; Journal of Adolescence; Journal of Applied Gerontology; Journal of Applied Social Psychology; Journal of Applied Sport Psychology; Journal of Articles in Support of the Null Hypothesis; Journal of Behavioral Medicine; Journal of Child Psychology and Psychiatry; Journal of Educational Psychology; Journal of Experimental Psychology General; Journal

of Experimental Social Psychology; Journal of Health Psychology; Journal of Men's Health; Journal of Personality; Journal of Personality and Social Psychology; Journal of Psychosomatic Research; Journal of Social and Clinical Psychology; Journal of Sport and Exercise Psychology; Journal of Sports Sciences; Motivation and Emotion; Nutrients; Pain; Pediatric Exercise Science; Perceptual and Motor Skills; Personality and Individual Differences; Personality and Social Psychology Bulletin; Perspectives on Psychological Science; PLoS Medicine; PLoS One; PNAS; Preventive Medicine; Psycho-Oncology; Psychological Bulletin; Psychological Reports; Psychological Science; Psychology and Health; Psychology of Sport and Exercise; Psychology; Health and Medicine; Psychosomatic Medicine; Research Quarterly for Exercise and Sport; Review of Educational Research; Scandinavian Journal of Medicine and Science in Sport; Scandinavian Journal of Psychology; Self and Identity; Social and Personality Psychology Compass; Social Psychological and Personality Science; Social Psychology; Social Science and Medicine; Sport and Exercise Psychology Review; Sport Exercise and Performance Psychology; Stress and Health; Teaching and Teacher Education; Trends in Cognitive Sciences; Trials; Work and Stress.

### **Peer Reviewer for the Funding Organisations:**

Australian Research Council (ARC); British Academy; Cancer Research UK; Economic and Social Research Council (ESRC), UK; Fonds Wetenschappelijk Onderzoek (FW) Flanders, Belgium; Israel Science Foundation, Israel; Israeli National Institute for Health Policy, Israel; National Health and Medical Research Council (NHMRC), Australia, Medical Research Council (MRC), UK; National Institute of Education, Singapore; National Institute of Health Research (NIHR), UK; National Science Foundation, USA; Nuffield Foundation, UK; Social Sciences and Humanities Research Council (SSHRC), Canada; Wellcome Trust, UK; Warwick and West Midlands Primary Care Research, UK; ZonMw, Netherlands.

### **GUEST EDITOR OF JOURNAL SPECIAL ISSUES**

- Guest Editor Special Issue of *Social Psychology*: "Ego depletion and Self-Control: Conceptual and Empirical Advances", forthcoming 2019 (with Dr. Junhua Dang).
- Guest Editor Special Issue of *Australian Psychologist*: "The State of Health Psychology in Australia", volume 49, issue 2, April 2014 (with Dr. Kyra Hamilton).
- Guest Editor Special Issue of *Psychology and Health*: "Physical Activity Research Showcasing Theory into Practice", volume 25, issue 1, January 2010.
- Guest Editor Special Issue of *British Journal of Health Psychology*: "Theoretical Integration in Health Psychology", volume 14, issue 2, May 2009.
- Guest Editor Special Issue of *Psychology of Sport and Exercise*: "Advances in Self-Determination Theory Research in Sport and Exercise Psychology", volume 8, issue 5, September 2007 (with Prof. Nikos Chatzisarantis).

### **POSITIONS OF RESPONSIBILITY AND SERVICE**

- Chair, *British Psychological Society (BPS), Division of Health Psychology* (2007-2008)
- Member, *UK Economic and Social Research Council (ESRC) Peer Review College* (2010-2015)
- Member of *NICE Programme Development Group for Physical Activity and Children* (2007-2009)
- Member Research Committee *Healthway (The Western Australian Health Promotion Foundation – Government of Western Australia)* (2013-2015)
- Panel Member, Centre for Research Excellence in Clinical Research Funding, *National Health and Medical Research Council* (2017)
- Honorary Treasurer, *British Psychological Society, Division of Sport and Exercise Psychology* (2004-2007)
- Member *BPS Division of Health Psychology Conference Scientific Committee* (2006-2007)
- Member of *International Society of Behavioral Medicine Congress Scientific Committee* (2014)
- Faculty member of *Self-Determination Theory*, (2005-present)
- Founding member, *British Society for the Psychology of Individual Differences* (2010-2011)
- Panel member, *Alcohol Advertising Review Board* (<http://www.alcoholadreview.com.au/>) (2013-present)
- Lead Author, BPS response to *House of Lords' Science and Technology Committee Call for Evidence on Behaviour Change* (2010)
- Chair of Organizing Committee, *British Psychological Society Division of Health Psychology Annual Conference 2006*, University of Essex, UK.
- Scientific Committee Member, *International Congress of Behavioral Medicine*, 2014

### **MEMBERSHIP OF LEARNED SOCIETIES**

- American Psychological Society, Division 38 (Health Psychology) (2014-Present)
- Australasian Society of Health and Behavioural Medicine (2012-Present)
- British Psychological Society, Chartered Health and Sport and Exercise Psychologist (2002-2012)
- European Health Psychology Society (2008-Present)
- European Association of Experimental Social Psychology (2007-2010)

- Health Professions Council UK, Registered Health and Sport and Exercise Psychologist (2009-2012)
- Social and Personality and Health Network (2015-Present)
- Society for Personality and Social Psychology (2002-2012)
- Social Psychology Network (2008-Present)
- Society for the Study of Motivation (2010-Present)
- UK Society of Behavioural Medicine (2006-2010)
- Accredited Sport Scientist with the British Association of Sport and Exercise Sciences (BASES) (2000-2009)

## **EXTERNAL EXAMINING**

### **External Examiner for Degree Programmes**

- External examiner for BSc in Psychology (Young and Community Development) in the Faculty of Psychology and Education, University of Malaysia Sabah (2015)
- External examiner for Degrees in Sport and Exercise Sciences in the School of Sport and Exercise Sciences at University of Birmingham (2010-2011)
- External examiner for Degrees in Psychology in the School of Psychology at University of Keele (2009-2011)
- External examiner for Degrees in Psychology in the School of Psychology at University of Plymouth (2008-2011)
- External examiner for periodic review of Degrees in Psychology in the Department of Psychology at University of Central Lancashire (2008)
- External examiner for Degrees in Sport and Exercise Sciences in the School of Social, Health, and Natural Sciences at University of Sunderland (2007-2011)
- External examiner for MSc in Active Recreation and Health, at the University of Wales, Newport (2005-2009)

### **External Examiner/Reader for PhD Theses**

**Ahmad Ali**, Brunel University, UK, 29.06.2003; **Tawfeeq Albakry**, University of Exeter, UK, 08.09.2006; **Erika Borkoles**, University of Hull, UK, 10.06.2010; **Ruth Boat**, Loughborough University, UK, 11.10.2016; **Tracy Brickell**, University of Southern Queensland, Australia, 09.12.2002; **Eugene Cheong**, National Institute of Education, Singapore, 21.04.2011; **Peter Chua**, University of Western Australia, Australia, 25.03.2012; **Michelle Curran**, University of Southern Queensland, Australia, 28.05.2012; **Junhua Dang**, Lund University, Sweden, 17.10.2017; **Melfy Eddosary**, University of Exeter, UK, 15.04.2010; **Kyra Hamilton**, Queensland University of Technology, Australia, 09.06.2011; **Gareth Hollands**, King's College, London, UK, 11.12.2009; **Magdalena Katomeri**, Plymouth University, UK, 27.06.2008; **Yohannes Keflemariam**, La Trobe University, Australia, 07.11.2012; **Emily Kothe**, University of Sydney, Australia, 10.03.2012; **Coral Boon San Lim**, National Institute of Education, Singapore, 02.11.2012; **Marisa Loft**, University of Auckland, New Zealand, 08.06.2011; **Tanya Osicka**, Deakin University, Australia, 10.09.2016; **Erin Pearson**, Victoria University, Australia, 11.12.2006; **Kirby Sainsbury**, University of Sydney, Australia, 20.07.2013; **Timothy Schofield**, UNSW, Australia, 15.06.2014; **Silje Skar**, University of Aberdeen, UK, 03.12.2010; **Erica Thomas**, Worcester University, UK, 18.01.2010; **Ian Taylor**, University of Birmingham, UK, 29.08.2008; **Rosemary Walsh**, Flinders University, Australia, 07.10.2016.

### **Internal Examiner/Thesis Chair for Higher Degrees by Research**

**Kylie Heritage**, Curtin University, 06.02.2012; **Nadja Heym**, University of Nottingham, 30.10.2009; **Jane Ward**, University of Nottingham, 23.08.2007.

## **RESEARCH FUNDING**

- |           |   |
|-----------|---|
| 2000      | UK Sport, £500 to represent UK Sport at the European College of Sport Science Congress, Jyväskylä, Finland, July 19-24, 2000  |
| 2002-2003 | University of Essex Research Promotion Fund, £4,711 for "Implementing intentions to drink carbohydrate-electrolyte solutions during exercise" (PI).   |
| 2003-2007 | ESRC 1 + 3 Studentship award for Jemma Harris, £30,000 for "Effects of global and contextual self-determined motivation on health behaviour" (PI). Results published as in articles in <i>Personality and Social Psychology Bulletin</i> , <i>Motivation &amp; Emotion</i> , and <i>Journal of Applied Biobehavioral Research</i> . PhD completed in November 2007.         |
| 2007-2009 | European Research Advisory Board, €105,000 for "A psychosocial intervention to reduce high-risk single-session alcohol (binge) drinking among company employees in a workplace setting in four European nations" (PI) with Vello Hein (Tartu University, Estonia), Magnus Lindwall (University of Gothenberg, Sweden) and Taru Lintunen (University of Jyväskylä, Finland). |
| 2008-2009 | Leverhulme Trust, £87,000 for "On the origins and nature of ego-energy: Effects of choice on self-control" (PI) with co-PI Nikos Chatzisarantis (Plymouth University, UK).  |

- 2009-2012 Singapore Ministry of Education AcRF Tier 2 funds S\$506,000 (£214,000) for “Understanding human self-control and decision making” (CI) with Nikos Chatzisarantis (National Institute of Education, Singapore).
- 2009-2013 ESRC CASE award- PhD project, £30,000 for “Integrating Prospect Theory (framing effects) and the Common Sense Model of illness to improve medication compliance in glaucoma patients” (CI) with Prof. Eamonn Ferguson (University of Nottingham, UK, PI), and Drs. Anthony King and Alex Foss (Queens Medical Centre, Nottingham, UK).
- 2009-2010 Department of Health/Government Office of the East Midlands, £3,998 for “Review of regional print media reporting of alcohol-related harm” (PI).
- 2010-2011 Alcohol Education and Research Council, £39,359 for “The cost of alcohol: The advocacy for a minimum price per unit in the UK” (PI) with co-CIs Prof Justine Schneider (University of Nottingham, UK), Prof Rob Baggott (Demontfort University, UK), and Dr Gillian Penny (University of Northampton, UK).
- 2010 British Psychological Society Undergraduate Research Assistantship Scheme, £1,600 for “Glucose as a mediator of self-control in the delay of gratification paradigm in children” (PI) with Leung Chung-Ming (University of Nottingham, UK).
- 2012 PsyLife Small Grant Scheme, AUS\$4631.20 for “Perfectionism and Willpower: Evidence that Perfectionists are Resistant to the Deleterious Effects of Self-Control Resource Depletion” (PI) with Sarah J. Egan (Curtin University, Australia, CI).
- 2012 PsyLife Small Grant Scheme, AUS\$1984.80 for “Effect of Chewing Glucose-Infused and Sugar-Free Gum on Willpower” (PI) with Derwin K. C. Chan (Curtin University, Australia, CI).
- 2012-2013 Government of Australia, Anti-Doping Research Programme, AUS\$120,693.10 for “Generating and using evidence to develop anti-doping educational materials for young athletes in different sports” (PI) co-investigators Robert Donovan (Curtin University, Australia), James Dimmock (University of Western Australia, Australia), Matt Burgin (Western Australia Institute of Sport, Australia), Vanessa Lentillion-Kaestner (University of Lausanne, Switzerland), and Sarah Hardcastle (University of Brighton, UK).
- 2012-2013 Australian Research Council, Discovery Project (#DP130103277), AUS\$95,834 for “Advancing the science of willpower: Investigating the mechanisms and processes of self-control” (PI) Jonathan Foster (Curtin University, UK), Eric Vanman (University of Queensland, Australia), and Michael Smith (Northumbria University, UK).
- 2012-2013 Healthway (the Western Australian Health Promotion Foundation) Health Promotion Research Grant, AUS\$156,000 for “Minimum pricing for alcohol: what does the WA public think?” (PI) Natasha Carragher (University of New South Wales, Australia), Mike Daube and Tanya Chikritzhs (Curtin University, Australia), and Adam Lonsdale (Oxford Brookes University, UK).
- 2013-2014 Government of Western Australia, Department of Sport and Recreation, AUS\$56,680.06 for “*Developing Champions* Participant Evaluation Tool (DC-PET) Development” (PI) with Prof. Marian Tye (Curtin University, Australia).
- 2014 School of Psychology and Speech Pathology Research Award, AU\$5,000 for “Common sense model of illness representation: A psychometric evaluation of the revised illness perception questionnaire for different types of diseases” (CI) with Derwin K. C. Chan (Curtin University, Australia, PI) and Nikos L. D. Chatzisarantis (Curtin University, Australia).
- 2014 School of Psychology and Speech Pathology Research Award, AU\$5,000 for “Ego-depletion and anti-doping in sport: Does reduced self-control impair athletes’ awareness to banned performance-enhancing substances?” (CI) with Nikos Ntoumanis (Curtin University, Australia, PI), Nikos L. D. Chatzisarantis (Curtin University, Australia), and Derwin K. C. Chan (Curtin University, Australia, CI).
- 2014 School of Psychology and Speech Pathology Research Award, AU\$5,021 for “Health Behaviour Change in Colorectal Cancer Survivors: A qualitative Study exploring the factors influencing physical activity and healthy eating among colorectal cancer survivors” (CI) with Sarah J. Hardcastle (Curtin University, Australia, PI) and Moira O’Connor (Curtin University, Australia).
- 2014 School of Psychology and Speech Pathology Research Award, AU\$4,800 for “Exploring Western Australian’s causal beliefs about factors that lead to binge drinking using focus group interviews and

- cognitive structural modelling” (CI) with David A. Keatley (Curtin University, Australia, PI), Sarah J. Hardcastle (Curtin University, Australia) and Vanessa Allom (Curtin University, Australia).
- 2014 Health Collaborative Research Network (HCRN) travel award AUS\$2,800 for “The science behind ‘willpower’: Neural mechanisms” and “Identifying factors related to hazardous pre-drinking in young people” visits to Queensland University of Technology, Central Queensland University and University of Queensland, Brisbane, Australia with Prof. Katy White (Queensland University of Technology, Australia), Dr. Amanda Rebar (Central Queensland University, Australia), and Dr. Eric Vanman (University of Queensland, Australia).
- 2014 Health Collaborative Research Network (HCRN) travel award AUS\$3,600 for “Extending the health self-control model to include the construct of habit” and “Continuation of the neural bases of self-control project” visits to Griffith University, Central Queensland University and University of Queensland, Brisbane, Australia with Dr. Kyra Hamilton (Griffith University, Australia), Dr. Amanda Rebar (Central Queensland University, Australia), and Dr. Eric Vanman (University of Queensland, Australia).
- 2014-2015 Behavioural Basis of Health, Griffith University and Research Allocation Fund (RAF) grant, Curtin University, AUS\$ 10,182 for “Identifying the behaviour modification strategies most effective in changing the ‘big four’ health-promoting behaviours: increasing physical activity, healthy eating, alcohol reduction, and smoking cessation” (PI) with Kyra Hamilton (Griffith University, Australia).
- 2014-2015 International Atherosclerosis Society and Pfizer, AUS\$346,338 for “Translational Research for Improving the Care of FH: The Ten Countries Study” (CI) (Grant ID: 10839501) with Prof. Gerald F Watts (Australia) (PI), Prof. David R Sullivan (Australia), Prof. Stephen Nicholls (Australia), Prof. Raul Santos (Brazil), Prof. Shizuya Yamashita (Japan), Prof. Brian Tomlinson (Hong Kong), Prof. Jie Lin (China), Prof. Peter George (New Zealand), Prof. A David Marais (South Africa), Prof. Jeong Euy Park (South Korea), Prof. Michael Livingston (International FH Foundation) and Prof. Eric Sijbrands (Netherlands).
- 2015-2016 St. John of God Healthcare, AUS\$20,000 for PhD scholarship for Chloe Maxwell-Smith on a project entitled “The promotion of health behaviour change in colorectal cancer survivors” (CI) with Sarah J. Hardcastle (PI) and Nik Zeps (St. John of God Healthcare and Curtin University, Australia).
- 2015-2017 Health Collaborative Research Network (HCRN), AUS\$50,000 (HCRN), AUS\$25,000 (Faculty of Health Sciences, Curtin University), AUS\$50,000 (School of Psychology and Speech Pathology, Curtin University) for “The PATHS study: Physical Activity Tailored intervention in Hospital Staff: A randomised controlled trial investigating the feasibility, acceptability and efficacy of web-based intervention” (PI), co-investigators Corneel Vandelanotte (Central Queensland University, Australia), Amanda Rebar (Central Queensland University, Australia) and Ben Gardner (King’s College, London, UK).
- 2015 Menzies Health Institute Queensland AU\$12,000 for “Investigating the impact of alcohol-related drowning prevention interventions: a systematic literature review” (CI) with Kyra Hamilton (Griffith University, Australia, PI) and Amy Peden (RLSA).
- 2015 British Academy Small Research Grants £10,000 for “Time perspective effects in persuasion and behaviour change” (CI) with Sheina Orbell (University of Essex, UK, PI)
- 2016-2019 The Finland Distinguished Professor Programme (FiDiPro) Fellowship funded by Tekes, €777,337 for “Motivation: Theory- and Evidence-Based Interventions to Increase Physical Activity” (PI) with Taru Lintunen (University of Jyväskylä), Ilkka Vuori (University of Tampere), Nelli Hankonen (University of Tampere, Finland), Asko Härkönen (Kisakallio Sports Institute, Finland), Joni Kettunen (Firstbeat Technologies OY, Finland), Kari Keskinen (Finnish Society of Sport Sciences, Finland), Jari-Erik Nurmi (University of Jyväskylä, Finland), Tuomo Rossi (University of Jyväskylä, Finland), Pekka Sivonen (Zedoscan OY, Finland), and Antti Uutela (National Institute of Health and Welfare, Finland).
- 2016 Center for Effective Global Action (CEGA) and the Berkeley Initiative for Transparency in the Social Sciences (BITSS) Social Science Meta-Analysis and Research Transparency (SSMART) grant US\$28,437 for “Development of an Integrated Theoretical Model of Condom Use for Young People in Sub-Saharan Africa” (CI) with Cleo Protogerou (University of Cape Town, South Africa, PI) and Blair Johnson (University of Connecticut, USA).
- 2016 Royal Life Saving Society – Australia (RLSA) and School of Applied Psychology, Griffith University AU\$14,000 for “A review of personal, social, and environmental factors associated with lifejacket wear in adults and children” (CI) with Kyra Hamilton (Griffith University, Australia, PI) and Amy Peden (RLSA).

- 2017-2018 HK Health and Medical Research Foundation (HMRF) HK\$99,840 for “Building a theory-driven smartphone application for monitoring and promoting orthopaedic patients’ motivation and adherence to medical regimen in Hong Kong: A pilot randomised controlled trial” (CI) with Derwin C. K. Chan (University of Hong Kong, Hong Kong, PI), Yung S.-H. P. (Chinese University of Hong Kong, Hong Kong), Macfarlane, D. (University of Hong Kong, Hong Kong), Kam M. M. (Chinese University of Hong Kong, Hong Kong), and Chris Lonsdale (Australian Catholic University, Australia).
- 2017-2018 World Anti-Doping Agency (WADA) Target Social Science Research Grant Program US\$64,975 for “Developing an evidence-based smartphone application for monitoring and promoting athletes’ awareness to unintentional doping” (CI) with Derwin C. K. Chan (University of Hong Kong, Hong Kong, PI), Gucciardi, D. (Curtin University, Australia), and Yung S.-H. P. (Chinese University of Hong Kong, Hong Kong).
- 2018-2020 Ministry of Education Finland €410,908 for “Using Physical Education to Promote out-of-School Physical Activity in Lower Secondary School Students: A Randomized Controlled Intervention Based on Behavioural Theory” (PI) with Taru Lintunen, Mary Chasandra, and Mirja Hirvensalo (University of Jyväskylä, Finland).
- 2017-2019 HK Health and Medical Research Foundation (HMRF) HK\$729,320 for “Promoting influenza prevention for elderly people in Hong Kong: A Health Action Process Approach” (CI) with Chunqing Zhang (Hong Kong Baptist University, Hong Kong, PI), Joseph Tak Fai Lau (Chinese University of Hong Kong, Hong Kong), Pak-Kwong Chung (Hong Kong Baptist University, Hong Kong), Yanping Duan (Hong Kong Baptist University, Hong Kong), and Derwin C. K. Chan (University of Hong Kong, Hong Kong).
- 2017 Royal Life Saving Society Australia (RLSA) and School of Applied Psychology, Griffith University, AU\$7,210 for “Effects of message framing in drowning prevention communication: A temporal and self-regulatory framework” (CI) with Kyra Hamilton (Griffith University, PI), Amy Peden (RLSA), and Jacob Keech (Griffith University).
- 2017-2018 International Olympic Committee Advanced Olympic Research Grant Programme, US\$13,248 for “Self-compassion as a fundamental deterrent to using performance enhancing drugs” (CI) with Nikos L. D. Chatzisarantis (Curtin University, PI).
- 2017 Royal Life Saving Society Australia (RLSA) and MenziesHIQ 2017 Incentive Quality Development Scheme, AU\$20,000 for “Changing driver behaviour during floods: Testing a novel e-health intervention using implementation imagery” (CI) with Kyra Hamilton (Griffith University, PI) and Amy Peden (RLSA).
- 2018 Seed Fund for Translational and Applied Research, University of Hong Kong, HK\$110,800 for “Developing an mHealth platform for the promotion of public awareness to antimicrobial resistance” (CI) with Derwin Chan (University of Hong Kong, PI), Ching Lung Cheung (University of Hong Kong, CI), and Daniel Churchill (University of Hong Kong, CI).
- 2019-2021 Foundation for Polish Science, 897,562 PLN (AU\$332,111.40) for “A theory-based online-delivered intervention to promote weight loss maintenance: a within-person randomised controlled trial” (CI) with Dominika Kwasnicka (Curtin University, CI), Eleanor Quested (Curtin University, CI), Felix Naughton (University of East Anglia, UK, CI), and Aleksandra Luszczynska (University of Colorado, Colorado Springs, CI).
- 2019-2021 Health and Medical Research Fund, Hong Kong Food and Health Bureau, HK\$927,360 for “Effectiveness of a theory-driven smartphone application on orthopaedic patients’ motivation and adherence to medical regimen in Hong Kong: A randomised controlled trial” (grant # 16172201) (CI) with Derwin Chan (University of Hong Kong, PI), Patrick Shu-Hang Yung (Chinese University of Hong Kong, CI), Thomson Wai Lung Wong (University of Hong Kong, CI), Chris Lonsdale (Australian Catholic University, CI), and Parco Ming Fai Siu (University of Hong Kong, CI).
- 2019-2020 Griffith University (Health)/The Hong Kong Polytechnic University (Faculty of Health and Social Sciences) Collaborative Research Grants Scheme, AU\$25,030 for “Development of a novel imagery intervention to change implicit theories about willpower: Evaluation in Australian and Chinese university students” (CI) with Kyra Hamilton (Griffith University, PI), Shimin Zhu (HK Polytechnic University, PI), Jacob Keech (Griffith University, CI), Melanie Zimmer-Gembeck (Griffith University, CI), and Hector Tsang (HK Polytechnic University, CI).
- 2019-2020 Sanitarium Health Food Company, AU\$83,293.12 for “The role of conscious and non-conscious processes on children’s food choices” (CI) with Kyra Hamilton (Griffith University, PI).
- 2019-2021 2019 Health Group Seed Grant Scheme, Griffith University, AU\$75,936.32 for “Improving caregiver oral self-care and healthy dietary habits for young Indigenous children: Developing a culturally specific oral health promotion model” (CI) with Kyra Hamilton (Griffith University, PI), Newell W. Johnson (Griffith University, CI), Maree Toombs (University of Queensland, CI), Jeroen Kroon (Griffith University, CI), and Lauren Williams (Griffith University, CI).
- 2020 Alliance for a Cavity Free Future (ACFF) Community Grant, AU\$9,600.00 for “Developing a culturally



specific oral health promotion model for First Peoples children” (CI) with Kyra Hamilton (Griffith University, PI), Newell W. Johnson (Griffith University, CI), Maree Toombs (University of Queensland, CI), Jeroen Kroon (Griffith University, CI), and Lauren Williams (Griffith University, CI).  
2020-2023 HK Research Grants Council General Research Fund (GRF) HK\$1,076,226 for “A blended intervention to promote physical activity, health, and work productivity among office employees using intervention mapping: A cluster randomized controlled trial” (CI) with Gemma Gao (Hong Kong Baptist University, Hong Kong, PI), Xiangyan Chen (Hong Kong Polytechnic University, Hong Kong), Siu Ming Fong (University of Hong Kong), Wendy Yajun Huang (Hong Kong Baptist University, Hong Kong), and Chunqing Zhang (Hong Kong Baptist University, Hong Kong).

PI = Principal Investigator  
CI = Co-Investigator

## **RESEARCH SUPERVISION**

### **Postdoctoral Researchers**

**Derwin Chan** (2013-2015); **Maria Chassandra** (2017-2019); **Rachael Glassey** (2014); **David Keatley** (2013-2015); **Svietlana Kamarova** (2009-2012); **Severine Koch** (2014-2015); **Dominika Kwasnicka** (2015-2017); **Arto Laukkanen** (2017-); **Adam Lonsdale** (2010-2011); **Alexander Montasem** (2002-2003); **Katerina Schneider** (2019-); **Chris Stiff** (2008-2009); **Chantelle Wood** (2008-2009); **John Zadra** (2014).

### **PhD Students - Current**

**Daniel Brown** (year 3, co-supervised with Dr. Kyra Hamilton and Prof. Shirley Morrissey); **Saeideh Botlani Esfahani** (year 2, co-supervised with Dr. Sebely Pal); **Kaylyn McAnally** (year 1); **Lauren McKinley** (year 1, recipient of the ‘hot chalk’ scholarship); **Susette Moyers** (year 2, co-supervised with Prof. Linda Cameron); **Heidi Pasi** (year 5, Finnish National scholarship, co-supervised with Prof. Taru Lintunen); **Daniel Phipps** (year 1, co-supervised with Drs. Kyra Hamilton and Prof. Shirley Morrissey); **Juho Polet** (year 5, Finnish Ministry of Education, co-supervised with Prof. Taru Lintunen); **Chanelle Wilson**, (year 1, APA funded, co-supervised with Dr. Lorraine Sheridan).

### **PhD Students - Completed**

**Ashley Fenner** (completed May 2014; funded by CAFAP research project, co-supervised with Prof. Leon Straker and Dr. Melissa Davis); **Kim Caudwell** (completed June 2017, funded by an Australian Postgraduate Award (APA), co-supervised with Dr. Barbara Mullan); **Derwin Chan** (completed August 2012, recipient of University of Nottingham International Scholarship Award; Currently Assistant Professor, School of Public Health, University of Hong Kong, Hong Kong); **Joanne Cranwell** (completed November 2013, co-supervised with Dr. Steve Benford and Dr. Robert Haughton, University of Nottingham; Currently Assistant Professor in the Department for Health, University of Bath, UK); **Judith Hancock** (completed May 2013, co-supervised with Dr. Katherine Brown and Prof. Louise Wallace, Coventry University); **Jemma Harris** (completed November 2007; Currently Senior Lecturer in the School of Psychology, University of East London); **Anne Hattar** (completed July 2016, co-supervised with Dr. Sebely Pal); **Caroline Henderson** (completed March 2007, co-supervised with Prof. Sheina Orbell, University of Essex); **Monica Jane** (completed October, 2017, co-supervised with Dr. Sebely Pal); **Sviatlana Kamarova** (completed July 2016, recipient of Curtin Strategic International Research Scholarship (CIPRS) award, co-supervised with Prof. Nikos Chatzisarantis; Current Postdoctoral Researcher in the School of Physiotherapy and Exercise Science, Curtin University, Australia); **David Keatley** (completed November 2012; Currently Senior Lecturer, School of Psychology, Murdoch University, Australia); **Jacob Keech** (completed August 2019, co-supervised with Drs. Kyra Hamilton and Frances O’Callaghan; Currently postdoctoral researcher at Griffith University); **Maria Kyriakaki** (completed October 2007, co-supervised with Prof. Sheina Orbell, University of Essex); **Nick Lee** (completed March 2018, co-supervised with Prof. Nikos Chatzisarantis, Curtin University); **Stephanie MacDonald** (completed December 2013, co-supervised with Prof. Eamonn Ferguson, University of Nottingham and Drs. Anthony King and Alexander Foss, Queens Medical Centre, Nottingham; Currently Teaching Associate in the School of Psychology, University of Nottingham, UK); **Lynne McCormack** (completed November 2010, co-supervised with Prof. Stephen Joseph, University of Nottingham; Currently Senior Lecturer in the School of Psychology, University of Newcastle, Australia); Carine Meslot (completed December 2016, recipient of a scholarship from Université Grenoble Alpes, co-supervised with Dr. Aurélie Gauchet and Dr. Benoît Allenet; Currently postdoctoral researcher at University of Manchester, UK); **Sarah McLachlan** (completed September 2010; Currently Research Associate in the Institute of Primary Care and Health Sciences, Keele University, UK); **Giulia Panetta** (completed November 2013 with Ellen Townsend, University of Nottingham); **Linda Pannekoek** (completed June 2015, recipient of CIPRS award, co-supervised with Prof. Jan Piek, Curtin University; Currently Advisor to the Health and Disability Intelligence Group, Ministry of Health, Wellington, New Zealand); **Panagiotis Rentzelas** (completed July 2009; currently Lecturer in Department of Psychology, Birmingham City University, UK); **Deming Wang** (completed March 2018, co-supervised with Prof. Nikos Chatzisarantis; Currently Lecturer, Psychology, James Cook University, Singapore); **Juliana Zabatiero** (completed July 2016, recipient of CIPRS award, co-



supervised with Drs. Kylie Hill, Anne Smith, and Daniel Gucciardi; Currently Sessional Academic in the School of Physiotherapy and Exercise Science, Curtin University, Perth, Western Australia).

### **Interns and visiting scholars**

**Simon Davey** (University of Hertfordshire, UK, 2013); **Kirstin Esser** (German Sport University, Germany, 2012); **Laura Girelli** (University of Rome “La Sapienza”, Italy, 2014); **Helen Josaar** (University of Tartu, Estonia, 2010); **Tanja Kristic** (German Sport University, Germany, 2009); **Karina Limburg** (Westfälische Wilhelms-Universität Münster, Germany, 2013); **Carine Meslot** (Université Alpes Grenoble, France, 2016); **Eline Smit** (Maastricht University, the Netherlands, 2009); **Sarwat Sultan** (Bahauddin Zakariya University, Pakistan, 2012-2013); **Nina te Pas** (University of Maastricht, the Netherlands, 2012); **Amelia Turrell** (University of Kent, 2015-2016); **Nadine Trost** (University of Maastricht, 2015); **Maria Zwieneberg** (University of Bordeaux, 2015)

### **KEYNOTE AND INVITED PRESENTATIONS**

<b>Date(s)</b>	<b>Type</b>	<b>Organisation/Meeting</b>	<b>Venue</b>
<b>International</b>			
Aug 21-25, 2018	Master lecture	Master Lecture, European Health Psychology Society (EHPS) Congress	Galway, Ireland
Jun 26-30, 2018	State-of-the-art lecture	State-of-the-Art lecture, International Conference on Applied Psychology (ICAP) Congress	Montréal, Canada
Jul 10-14, 2017	Keynote	Keynote speaker, International Society of Sport Psychology (ISSP) 14 <sup>th</sup> World Congress of Sport Psychology	Sevilla, Spain
Oct 21-22, 2016	Keynote	12th European Network of Young Specialists in Sport Psychology (ENYSSP) Conference	Warsaw, Poland
Jan 28, 2016	Invited speaker	Social, Personality, and Health Network Conference	San Diego, CA, USA
Jun 4-6, 2015	Keynote	International Society of Behavioural Nutrition and Physical Activity Conference	Edinburgh, UK
Aug 7-10, 2014	Keynote	Asian and South Pacific Association of Sport Psychology Conference	Tokyo, Japan
Jul 8-13, 2014	Transversal keynote	International Conference on Applied Psychology (ICAP) Congress	Paris, France
May 12-14, 2014	Keynote	Société Française de Psychologie du Sport International Conference of Sport Psychology	Nice, France
Mar 23-25, 2012	Invited speaker	Familial Hypercholesterolaemia and Genetic Dyslipidaemia Satellite Meeting (International Atherosclerosis Society Conference)	Manly Beach, Sydney
Nov, 20-12, 2009	Keynote	5th European Network of Young Specialists in Sport Psychology (ENYSSP) Conference	Bolzano, Italy
Jun 21-24, 2007	Keynote	University Professors' European Meeting	Rome, Italy
<b>National</b>			
Oct 25-26, 2016	Keynote	Finnish Health Psychology Congress	Helsinki, Finland
Aug 17-18, 2016	Keynote	Pedaforum Congress	Jyväskylä, Finland
May 27-29, 2016	Keynote	Italian Society for Sport Psychology (AIPS) Congress	Bologna, Italy
Apr, 20-23, 2015	Keynote	6 <sup>th</sup> International Sports Medicine and Sports Science Conference	Putrajaya, Malaysia
Jun 12-13, 2013	Keynote	Finnish Sports Science Congress	Jyväskylä, Finland
Apr 1-2, 2012	Keynote	Education and Sport Education Conference	Macau
Jun 2-4, 2011	Keynote	German National Sport Science Conference	Cologne, Germany
Oct 19-22, 2011	Keynote	Australian Conference of Science & Medicine in Sport	Freemantle, Australia
Mar 25-26, 2010	Invited speaker	Société Française de Psychologie du Sport National Conference	Lyon, France

May 25-28, 2010	Invited speaker	International Congress on Physical Education and Sport Science (ICPESS)	Singapore
Nov 12, 2010	Invited speaker	3rd Aseptic Non-Touch Technique (ANTT) National Conference	Kings Cross, London, UK
Mar 7, 2008	Keynote	British Psychological Society Division of Health Psychology Scotland Annual Conference	Edinburgh, UK
May 9-11, 2008	Keynote	Keynote presentation to British Psychological Society Northern Ireland Branch Annual Conference	Co Armagh, Republic of Ireland

### **INVITED WORKSHOPS AND SEMINARS**

- 2014 SYNERGY expert meeting on “Implementation Intention and Action Planning Interventions in Health Psychology”, Innsbruck, Austria, 25-26 August, 2014
- 2016 European Association of Social Psychology Summer School, Leader on “Behaviour Change” Workstream, University of Exeter, UK, 1-12 August, 2016

### **AWARDS AND HONOURS**

- 1997 Young Investigators Award, European College of Sport Science (ECSS) Annual Congress, Copenhagen, Denmark
- 2013 Researcher of the Year Award 2013, Faculty of Health Sciences, Curtin University
- 2012-2015 Highest impact publication in Faculty of Health Sciences for Field of Research Code 1117 Human Movement/Psychology 1701
- 2014 Fellow of European Health Psychology Society (EHPS)
- 2014 Distinguished Health Psychology Contribution Award, Health Psychology Division (Division 8), International Association of Applied Psychology (IAAP)
- 2014 Distinguished International Affiliate of Division 38 (Health Psychology) of the American Psychological Association
- 2014 Delivered Occasional Address, Curtin University Graduation Ceremony for Faculty of Health Sciences, the Forum, Curtin Bentley Campus, February 8, 2014
- 2017 Nominated for Curtin Research Impact and Engagement Award
- 2019 Fellow of the Society of Experimental Social Psychology (SESP)

### **PUBLIC ENGAGEMENT ACTIVITIES AND CONSULTATION**

- Hagger, M. S.** (September 15, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation to the British Science Association Festival, Science Media Centre, Bradford, UK.
- Hagger, M. S.** (September 16, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation at the Alcohol Research UK Launch Event, Royal Society of Arts, London, UK.
- Hagger, M. S.** (November 22, 2013). The science of health behaviour. Inaugural speech at the Health Psychology and Behavioural Medicine (HPBM) Research Group Launch and Networking Meeting, Hyatt Regency, Perth, Australia.
- Hagger, M. S.** (October 29, 2014). Developments on people’s beliefs about minimum pricing for alcohol and causes of binge drinking. Invited presentation to the Behavioural Research in Alcohol Breakfast Networking Meeting, Matilda Bay, Perth, Australia.
- Hagger, M. S.** (September 26-29, 2016). Capacity building workshop for development and implementation of mental simulation approach as health promotion strategies for prevention of non-communicable diseases (physical activity). Workshop presented to the Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.
- Hagger, M. S.** (September-November, 2016). Guidelines on changing behaviour using mental imagery and mental simulation for health educators. Development of guidelines on behaviour change for Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.
- Hagger, M. S.** (February 13-17, 2017). Capacity building workshop for development and implementation of mental simulation approach as health promotion strategies for prevention of non-communicable diseases (physical activity). Workshop presented to the Health Promotion Division, Ministry of Health, Malaysia funded by the World Health Organization.

## UNIVERSITY SERVICE

### University Administration Roles

2002 – 2004	<b>Associate Dean for Accommodation</b> , Bertrand Russell Hall, Wivenhoe Park, University of Essex
2004 – 2006	<b>Associate Dean for Accommodation</b> , South Courts, Wivenhoe Park, University of Essex
2007 – 2009	<b>Elected Member</b> , University of Nottingham Senate representing Faculty of Science
2008 – 2011	<b>Warden</b> , Southwell and Melton Halls of Residence, Jubilee Campus, University of Nottingham
2011 – 2013	<b>Director</b> , RECAP and PsyLIFE Research Centres, Curtin University
2012 – 2016	<b>Member</b> , School Executive, Curtin University
2012 – 2015	<b>Director of Research</b> , School of Psychology, Curtin University
2012 – 2015	<b>Chair</b> , Research and Development Committee, School of Psychology, Curtin University
2013 – 2014	<b>Chair</b> , Search committee, Lecturer/Senior Lecturer Positions in Psychology, Curtin University
2013 – 2014	<b>Chair</b> , Development and design, <a href="#">Psychology Experimental Research Laboratories at Curtin (PERL-C)</a> , Curtin University
2013 – 2016	<b>Founder and Director</b> , Health Psychology and Behavioural Medicine (HPBM) Research Group, School of Psychology, Curtin University
2014	<b>Acting Dean of Research</b> , Faculty of Health Sciences, Curtin University
2014 – 2015	<b>Psychology Discipline Champion</b> for Excellence in Research for Australia (ERA) Working Group, Curtin University
2019 – present	<b>Committee Chair and Committee Member</b> , Personnel Action Review Committee – Academic Promotion and Merit, Psychological Sciences, University of California, Merced

### Teaching Responsibilities

#### University of Essex, UK

2002 – 2006	Course convenor	PS111 Discovering Psychology PS486 Social Psychology of Exercise and Sport
	Teaching staff	PS459 Social Psychology and Health Related Behaviour
2002 – 2006	Member	Staff-Student Liaison Committee

#### University of Nottingham, UK

2006 – 2011	Chair	Personality, Social Psychology, and Health Research Group
2006 – 2009	Course convenor	C83MPR Research Project C82SAD Social and Developmental Psychology C83SPE Social Psychology of Exercise and Sport
2006 – 2011	Course convenor:	PhD Studentship Interview Panel
2008 – 2011	Panel Member	Student Liaison
2009 – 2011	Co-Ordinator	Staff-Student Liaison Committee
2009 – 2011	Member	

#### University of Sheffield

2008 – 2011	Visiting Lecturer	Social Psychology Course on Master's Program in Clinical Psychology (MRCPsych), Academic Clinical Psychiatry
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#### Curtin University, Australia

2011 – 2019	Member	School of Psychology and Speech Pathology PhD Candidacy Committee
2012 – 2013	Teaching Faculty	PSY212 Social Psychology
2012 – 2019	Teaching Faculty	PSY212 Social Psychology PSY723 Social and Behavioural Health PSY491 Psychology Honours Dissertation

#### Open University, UK

2001	Associate lecturer	D309 Cognitive Psychology
2001-2004	Tutor	D309 Cognitive Psychology Residential School
2005-2015	Tutor	DD303 Cognitive Psychology Residential School

#### University of Jyväskylä, Finland/University of Leipzig, Germany

2011-2014	'Third Country' (Non-EU) Visiting	Erasmus-Mundus European Master's in Sport and Exercise Psychology Programme (EMSEP)
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Scholar

**University of California, Merced, USA**

2019 – present	Course Convenor	PSY-190-2/3 Theories of Behavior Change
2019 – present	Teaching Faculty	PSY-200A Professional Seminar
2019 – present	Guest Lecturer	PSY-125 Cognition Affect & Emotion
2019 – present	Advisor	PSY-195 Psychology Research Undergraduate Upper Division

**JOURNAL ARTICLES IN PEER-REVIEWED JOURNALS (in first-author alphabetical order by year)**

\*Publication authored or co-authored by PhD/Master's degree student supervised by Martin S. Hagger

†Publication which has been, or is currently, marked as a *Highly Cited Paper* by Thompson Reuters at any one time receiving enough citations to place it the top 1% of its academic field based on a highly cited threshold for the field and publication year

ΔPublication which has been, or is currently, marked as a *Hot Paper* by Thompson Reuters at any one time receiving enough citations to place it in the top 0.1% of papers in its academic field

**In Press**

1. Chan, D. K. C., Lee, A. S. Y., Macfarlane, D. J., **Hagger, M. S.**, & Hamilton, K (in press). Validation of the swimming competence questionnaire for children. *Journal of Sports Sciences*.
2. Chan, D. K. C., Stenling, A., Yusainy, C., Hikmiah, Z., Ivarsson, A., **Hagger, M. S.**, . . . Beauchamp, M. R. (in press). Consistency tendency and the theory of planned behavior: A randomized controlled crossover trial in a physical activity context. *Psychology & Health*. <https://doi.org/10.1080/08870446.2019.1677904>
3. Chan, D. K. C., Tang, C. W. T., Gucciardi, D. F., Ntoumanis, N., Dimmock, J. A., Donovan, R. J., . . . **Hagger, M. S.** (in press). Psychological and behavioural factors of unintentional doping: A preliminary systematic review. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2018.1450095>
4. Chan, D. K. C., Zhang, L., Lee, A. S. Y., & **Hagger, M. S.** (in press). Reciprocal relations between autonomous motivation from self-determination theory and social cognition constructs from the theory of planned behavior: A cross-lagged panel design in sport injury prevention. *Psychology of Sport and Exercise*.
5. González-Cutre, D., Romero-Elías, M., Jiménez-Loaisa, A., Beltrán-Carrillo, V. J., & **Hagger, M. S.** (in press). Testing the need for novelty as a candidate need in basic psychological needs theory. *Motivation and Emotion*. <https://doi.org/10.1007/s11031-019-09812-7>
6. **Hagger, M. S.**, Moyers, S., McAnally, K., & McKinley, L. E. (in press). Known knowns and known unknowns on behavior change interventions and mechanisms of action. *Health Psychology Review*. <https://doi.org/10.1080/17437199.2020.1719184>
7. **Hagger, M. S.**, Zhang, C. Q., Kangro, E.-M., Ries, F., Wang, J. C. K., Heritage, B., & Chan, D. K. C. (in press). Trait self-control and self-discipline: Structure, validity, and invariance across national groups. *Current Psychology*. <https://doi.org/10.1007/s12144-018-0021-6>
8. Keech, J. J., **Hagger, M. S.**, & Hamilton, K. (in press). Changing stress mindsets with a novel imagery intervention: A randomized controlled trial. *Emotion*. <https://doi.org/10.1037/emo0000678>
9. Knittle, K., Heino, M. T. J., Marques, M. M., Stenius, M., Beattie, M., Ehbrecht, F., **Hagger, M. S.**, Hardeman, W., & Hankonen, N. (in press). The compendium of self-enactable techniques to change and self-manage motivation and behaviour v1. 0. *Nature Human Behavior*. <https://doi.org/10.1038/s41562-019-0798-9>
10. Leung, K. M., Chung, P.-K., & **Hagger, M. S.** (in press). The effects of light volleyball intervention program in improving selected physical and psychological attributes of older adults in Hong Kong. *International Journal of Sport and Exercise Psychology*. <https://doi.org/10.1080/1612197X.2018.1462231>
11. Limburg, K., Bodill, K., Watson, H. J., Kane, R. T., **Hagger, M. S.**, & Egan, S. J. (in press). Validity of the compulsive exercise test in regular exercisers. *Eating Disorders*. <https://doi.org/https://doi.org/10.1080/10640266.2019.1677130>
12. Olson, J. L., Ireland, M. J., March, S., Biddle, S. J. H., & **Hagger, M. S.** (in press). Physical activity in peri-urban communities: Testing intentional and implicit processes within an ecological framework. *Applied Psychology: Health and Well-Being*. <https://doi.org/10.1111/aphw.12182>
13. Teixeira, P. J., Marques, M. M., Silva, M. N., Brunet, J., Duda, J., Haerens, L., La Guardia, J., Lindwall, M., Lonsdale, C., Markland, D., Michie, S., Moller, A. C., Ntoumanis, N., Patrick, H., Reeve, J., Ryan, R. M., Sebire, S., Standage, M., Vansteenkinste, M., Weinstein, N., Weman-Josefsson, K., Williams, G. C., & **Hagger, M. S.** (in press). Classification of techniques used in self-determination theory-based interventions in health contexts: An expert consensus study. *Motivation Science*. <https://doi.org/10.31234/osf.io/z9wqu>

14. Tilga, H., Koka, A., Hein, V., & **Hagger, M. S.** (in press). How physical education teachers' interpersonal behaviour is related to students' health-related quality of life. *Scandinavian Journal of Educational Research*.
15. Wang, D., **Hagger, M. S.**, & Chatzisarantis, N. L. D. (in press). Ironic effects of thought suppression: A meta-analysis. *Perspectives on Psychological Science*. <https://doi.org/10.31234/osf.io/c64fp>

## 2020

1. **Hagger, M. S.** (2020). Redefining habits and linking habits with other implicit processes. *Psychology of Sport and Exercise*, *46*, 101606. <https://doi.org/10.1016/j.psychsport.2019.101606>
2. Hamilton, K., Keech, J. J., Gibbs, I., & **Hagger, M. S.** (2020). Reasoned and implicit processes in heavy episodic drinking: An integrated dual process model. *British Journal of Health Psychology*, *25*(1), 189-209. <https://doi.org/10.1111/BJHP.12401>
3. Lee, A. S. Y., Yung, P. S. H., Mok, K.-M., **Hagger, M. S.**, & Chan, D. K. C. (2020). Psychological processes of ACL-patients' post-surgery rehabilitation: A prospective test of an integrated theoretical model. *Social Science & Medicine*, *244*, 112646. <https://doi.org/10.1016/j.socscimed.2019.112646>

## 2019

4. \*Caudwell, K. M., Keech, J. J., Hamilton, K., Mullan, B. A., & **Hagger, M. S.** (2019). Reducing alcohol consumption during pre-drinking sessions: Testing an integrated behaviour-change model. *Psychology & Health*, *34*, 106-127. <https://doi.org/10.1080/08870446.2018.1518527>
5. Chan, D. K. C., Tang, T. C. W., Yung, P. S. H., Gucciardi, D., & **Hagger, M. S.** (2017). Is unintentional doping real, or just an excuse? *British Journal of Sports Medicine*, *53*, 978-979. <https://doi.org/10.1136/bjsports-2017-097614>
6. Chatzisarantis, N. L. D., Ada, E. N., Ahmadi, M., Caltabiano, N., Wang, D., Thøgersen-Ntoumani, C., & **Hagger, M. S.** (2019). Differential effects of perceptions of equal, favourable and unfavourable autonomy support on educational and well-being outcomes. *Contemporary Educational Psychology*, *58*, 33-43. <https://doi.org/10.1016/j.cedpsych.2019.02.002>
7. Chatzisarantis, N. L. D., Yli-Piipari, S., Schriefer, L. S., Wang, D., Barkoukis, V., & **Hagger, M. S.** (2019). Is the relationship between physical activity intentions and behaviour convex? A test across 13 studies. *Psychology of Sport and Exercise*, *43*, 114-122. <https://doi.org/10.1016/j.psychsport.2019.01.013>
8. Dang, J., & **Hagger, M. S.** (2019). Time to set a new research agenda for ego depletion and self-control. *Social Psychology*, *50*(5-6), 277-281. <https://doi.org/10.1027/1864-9335/a000399>
9. †**Hagger, M. S.** (2019). Habit and physical activity: Theoretical advances, practical implications, and agenda for future research. *Psychology of Sport and Exercise*, *43*, 118-129. <https://doi.org/10.1016/j.psychsport.2018.12.007>
10. **Hagger, M. S.** (2019). Embracing open science and transparency in health psychology. *Health Psychology Review*, *13*, 131-136. <http://doi.org/10.1080/17437199.2019.1605614>
11. **Hagger, M. S.**, Gucciardi, D. F., Turrell, A., & Hamilton, K. (2019). Self-control and health-related behavior: The role of implicit self-control, trait self-control, and lay beliefs in self-control. *British Journal of Health Psychology*, *24*, 764-786. <https://doi.org/10.1111/bjhp.12378>
12. **Hagger, M. S.**, & Hamilton, K. (2019). Grit and self-discipline as predictors of effort and academic attainment. *British Journal of Educational Psychology*, *89*, 324-342. <https://doi.org/10.1111/bjep.12241>
13. **Hagger, M. S.**, Hamilton, K., Hardcastle, S. J., Hu, M., Kwok, S., Lin, J., Nawawi, H. M., Pang, J., Santos, R. D., Soran, H., Su, T-C., Tomlinson, B., & Watts, G. F. (2019). Predicting intention to participate in self-management behaviors in patients with familial hypercholesterolemia: A cross-national study. *Social Science & Medicine*, *242*, 112591. <https://doi.org/10.1016/j.socscimed.2019.112591>
14. **Hagger, M. S.**, Hankonen, N., Kangro, E.-M., Lintunen, T., Pagaduan, J., Polet, J., Ries, F., & Hamilton, K. (2019). Trait self-control, social cognition constructs, and intentions: Correlational evidence for mediation and moderation effects in diverse health behaviors. *Applied Psychology: Health and Well-Being*, *11*(3), 407-437. <https://doi.org/10.1111/aphw.12153>

15. **Hagger, M. S.**, & Weed, M. E. (2019). Do behavioral interventions work in the real world? *International Journal of Behavioral Nutrition and Physical Activity*, 16, 36. <https://doi.org/10.1186/s12966-019-0795-4>
16. Hamilton, K., Fleig, L., Henderson, J., & **Hagger, M. S.** (2019). Being active in pregnancy: Theory-based factors associated with physical activity among pregnant women. *Women & Health*, 59, 213-228. <https://doi.org/10.1080/03630242.2018.1452835>
17. Hamilton, K., Henderson, J., Burton, E., & **Hagger, M. S.** (2019). Discussing lifestyle behaviors: Perspectives and experiences of general practitioners. *Health Psychology and Behavioral Medicine*, 7, 290-307. <https://doi.org/10.1080/21642850.2019.1648216>
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- Chatzisarantis, N. L. D. & **Hagger, M. S.** (2011). Effects of an intervention based on trans-contextual model on leisure-time physical activity participation. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). Changing clinical behaviour: Impossible dream or achievable prize? Invited paper presented at the Infection Prevention and Control Link Representatives Study Day organized by the Sherwood Forest Hospitals NHS Foundation Trust, King's Mill Hospital, Mansfield, UK, January 18, 2011.
- Hagger, M. S.** (2011). An intervention strategy to tackle alcohol consumption in the Midlands: Theoretical, design and practical recommendations from trials in students and company employees. Keynote address presented at the 7<sup>th</sup> Midlands Health Psychology Network Conference, University of Derby, Derby, UK, February 10, 2011.
- Hagger, M. S.** (2011). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the German National Conference of Sport Psychology, University of Cologne, Cologne, Germany, June 4, 2011.
- Hagger, M. S.** (2011). Cross-lagged panel designs in exercise psychology: Strengths and weaknesses. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). Innovative theoretical integration in sport and exercise psychology: Advancing knowledge and implications for practice. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** (2011). Promoting kids' sport and physical activity in physical education contexts: Can it really make a difference outside of school? Keynote address presented at the 2011 Australian Conference of Science and Medicine in Sport, Freemantle, Perth Western Australia, October 19-22, 2011.
- Hagger, M. S.** (2011). Binge drinking: Research into changing alcohol behaviour and policy. Invited presentation at the 2011 WA State Psychology Conference, Freemantle, Western Australia, November 6-7, 2011.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2011). A review and meta-analysis of the transcontextual model. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** & Keatley, D. A. (2011). Assessing the predictive validity of implicit and explicit measures of autonomous motivation for physical activity behaviour. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.**, Sanchez, X., Weed, M. (2011). Getting that first manuscript published. Workshop presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.**, Wood, C., Stiff, C. & Chatzisarantis, N. L. D. (2011). Self-regulation and self-control in exercise: The strength-energy model. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.
- Hagger, M. S.** & Panetta, G. (2011). Effects of chronic inhibition and ego-depletion on eating behaviour: A test of the strength model and the role of trait self-control. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2011, University of Southampton, Southampton, UK, September 14-16, 2011.
- Hagger, M. S.**, Lonsdale, A. & Chatzisarantis, N. L. D. (2011). Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. Paper presented at the 25<sup>th</sup> Annual Conference of the European Health Psychology Society 2011, Crete, Greece, September 20-14, 2011.
- Hagger, M. S.** Lonsdale, A., Hein, V., Koka, A., Pasi, H., Lintunen, T. & Chatzisarantis, N. L. D. (2011). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using

implementation intentions and mental simulations: a cross-national study. Paper presented at the Curtin Health Innovation Research Institute Conference 2011, Curtin University, Perth, Western Australia, November 24, 2011.

Hancock, J., Brown, K. E. & **Hagger, M. S.** (2011). Identifying safer sex behaviours and variables to target in an intervention: An online cross-sectional study. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2011, University of Southampton, Southampton, UK, September 14-16, 2011.

Jacobs, N., **Hagger, M. S.**, Streukens, S., De Bourdeaudhuij, I., & Claes, N. (2011). Testing an integrated model of the theory of planned behaviour and self-determination theory for different energy-balance related behaviours and intervention intensities. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.

Pasi, H., Lintunen, T. & **Hagger, M. S.** (2011). Autonomous motives and self-reported physical activity during the school day and leisure-time. Paper presented at the 13<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Madiera, Portugal, July 12-17, 2011.

## 2012

Chan, D. K. C., **Hagger, M. S.** & Fung, Y. K. (2012). The effects of implicit motivation for myopia prevention: A preliminary test of the trans-contextual model. Paper presented at the 26th Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

**Hagger M. S.** (2012). Psycho-social aspects of familial hypercholesterolaemia. Paper presented at the Familial Hypercholesterolemia and Genetic Dyslipidaemia Satellite Meeting (ISA - FH2012), Manly Beach, Sydney, Australia, March 23-25, 2012.

**Hagger M. S.** (2012). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the Education and Sport Education conference 2012, Macao, China, March 31 - April 2, 2012.

**Hagger M. S.**, Leaver, E., Esser, K., Leung, M. C. & Chatzisarantis, N. L. D. (2012). Cigarette cravings deplete smokers' self-control resources: A test from a self-control resource depletion perspective. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2012, Liverpool, UK, September 5-7, 2012.

**Hagger M. S.**, Lonsdale, A., Hein, V., Koka, A., Pasi, H., Lintunen, T., & Chatzisarantis, N. L. D. (2012). A theory-based intervention to reduce alcohol consumption and binge drinking in undergraduate students using implementation intentions and mental simulations: a cross-national study. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2012, Melbourne, Australia, February 8-10, 2012.

**Hagger, M. S.** & Panetta, G. (2012). Effects of chronic inhibition and ego-depletion on eating behaviour: A test of the limited resource model. Paper presented at the 26th Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

Keatley, D. A., Clarke, D. D. & **Hagger, M. S.** (2012). Role of implicit and explicit motivation across health behaviours. Paper presented at the 26th Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

Keatley, D. A., Clarke, D. D., Ferguson, E. & **Hagger, M. S.** (2012). The effects of implicit measures of self-determination theory, and priming of motivation on goal-directed behaviour. Paper presented at the 26th Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

MacDonald, S., **Hagger, M. S.**, King, A., Foss, A. & Ferguson, E. (2012). Using message framing and the common sense model to predict intentions to vaccinate against influenza. Paper presented at the 26th Annual Conference of the European Health Psychology Society 2012, Prague, Czech Republic, August 21-25, 2012.

## 2013

Chan, D. K. C., & **Hagger, M. S.** (2013). Psychological and behavioural variables in the context of sport injury: Are you measuring what you think you are measuring? Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.

- Chan, D. K. C., & **Hagger, M. S.** (2013). Applying the trans-contextual model to understand behavioural beliefs and adherence of injury prevention and safety in sport. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Chan, D. K. C., **Hagger, M. S.**, Hardcastle, S., Lentillon-Kaestner, V., Dimmock, J., & Donovan, R. J. (2013, July). Salient beliefs of doping and anti-doping: A qualitative investigation in Western Australia. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Descamps, G., Le Nair, C. & **Hagger, M. S.** (2013). Stress, coping and addictive drug use among college students. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Descamps, G., Simon, R. & **Hagger, M. S.** (2013). The influence of body-related-beliefs on sportsmen's body image and muscle dysmorphia: The role of body malleability. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Hagger, M. S.** (2013). Self-control and willpower: research on mechanisms and applications in exercise and health psychology. Keynote address at the Finland Sport Science Conference, Jyväskylä, Finland, June 12-13, 2013.
- Hagger, M. S.** (2013). The importance of being earnest: Trial registration and full disclosure in publishing in health psychology. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Hagger M. S.** (2013). Perceptions and behavioural responses of smokers to the introduction of cigarette plain packaging: A qualitative study. Paper presented at the Environmental Health Australia 38<sup>th</sup> National Conference, Perth, Australia, September 24-26, 2013.
- Hagger M. S.**, Caudwell, K. M. & Chatzisarantis, N. L. D. (2013). Predicting undergraduate 'predrinking' alcohol behaviour: Application of an integrated motivational model. Paper presented at the British Psychological Society Division of Health Psychology Annual Conference 2013, Brighton, UK, September 11-13, 2013.
- Hagger, M. S.**, & Chan, D. K. C. (2013). Longitudinal designs and causal modeling for investigating behavioural and psychological patterns of sport injury: Can correlations infer causation? Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.**, & Chan, D. K. C. (2013). The virtues of mixed methods research for providing converging evidence: Experiences and recommendations. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.**, & Chan, D. K. C., & (2013). Psychological behaviour-change techniques in interventions to promote sport and physical activity in young people: A conceptual review. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger, M. S.**, Chan, D. K. C., Keatley, D., Hardcastle, S., Lentillon-Kaestner, V., Dimmock, J., & Donovan, R. J. (2013). The avoidance of taking banned performance enhancing substances in sport: A perspective from self-determination theory. Paper presented at the 13th ISSP World Congress of Sport Psychology. Beijing, China, July 21-26, 2013.
- Hagger M. S.** Leaver, E., Esser, K., Leung, C.-M. Te Pas, N., Keatley, D. A., Chatzisarantis, N. L. D. (2013). Cigarette cravings deplete smokers' self-control resources: a test from a self-control resource depletion perspective. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2013, Newcastle, Australia, February 6-8, 2013.
- Keatley, D. A., **Hagger, M. S.** & Heym, N. (2013). The role of implicit measures of motivation in health, relationships, and well-being. Paper presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.
- Luszczynska, A., **Hagger, M. S.**, Schwarzer, R., Webb, T. L., de Wit, J. B. F. (2013). Implementation intentions, planning and behaviour change: Proposal for the way forward. Roundtable discussion at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013.

## **2014**

- Chan, D. K. C., Yang, S. X., Du, X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). The effects of teachers' autonomy support on students' prevention of H1N1 influenza in China. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.

- Chan, D. K. C., Yang, S. X., Du, X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). Teachers' autonomy support and students' motivation and intention of preventing H1N1 Influenza. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- Chatzisarantis, N. L. D. & **Hagger, M. S.** (2014). The virtues of field experiments in testing mechanisms and building evidence in behavioral medicine. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.
- Caudwell, K. M. & **Hagger, M. S.** (2014). Thinking about pre-drinking: Developing an integrated theoretical model to predict alcohol pre-drinking in Australian undergraduates. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Descamps, G., Berjot, S., Le Nair, C. & **Hagger, M. S.** (2014). Prediction of college students' health behaviour: the relevance of mediation models. Paper presented at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** (2014). Self-control and willpower: Research on mechanisms and applications in exercise and health psychology. Keynote address at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** (2014). Self-regulation, self-control, motivation, and health behaviour: from theory to intervention. Transversal keynote address at the 28<sup>th</sup> International Congress of Applied Psychology (ICAP), Paris, France, July 8-13, 2014.
- Hagger, M. S.** (2014). Self-control and self-regulation in exercise and physical activity: Research on mechanisms and applications. Keynote address at the 7<sup>th</sup> Asian-South Pacific Association of Sport Psychology International Congress, National Olympics Memorial Youth Center, Tokyo, Japan, August 7-10, 2014.
- Hagger, M. S.** (2014). Theory-based interventions, behaviour change techniques, mediators, and mechanisms: Contributing to knowledge. Paper presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014.
- Hagger M. S.**, Caudwell, K. M., Protopogerou, C., Anagnosopolou, F. & Chatzisarantis, N. L. D. (2013). Motivational and social-cognitive influences on pre-drinking: A cross-national study on undergraduates. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Hagger, M. S.**, Mullan, B., Todd, J. & Chatzisarantis, N. L. D. (2014). Experimental methods in health psychology in Australia: implications for applied research. Paper presented at the 5th French National Association of Sport Psychology International Congress of Sport Psychology, Nice, France, May 12-14, 2014.
- Hagger, M. S.** & Wong, G. G. (2014). Effect of a smartphone-delivered intervention using imagery and self-control training on alcohol consumption and binge drinking: An experimental study. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- Keatley, D. A., Carragher, N., Chikritzhs, T., Daube, M. & **Hagger, M. S.** (2014). Minimum pricing for alcohol: What does the Western Australian public think? Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Keatley, D. A., Caudwell, K. M., Heym, N. & **Hagger, M. S.** (2014). The predictive validity of implicit measures in health behaviours and well-being. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- Keatley, D. A., Clarke, D. D. & **Hagger, M. S.** (2014). The role of implicit motivation in health behaviours. Paper presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.
- Keatley, D. A. & **Hagger, M. S.** (2014). Minimum price policies for alcohol: What do UK and Western Australian people think? Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.
- Luszczynska, A. & **Hagger, M. S.** (2014). Developing theory-based interventions for health behavior change. Workshop presented at the Australian Society of Behavioural Health and Medicine (ASBHM) conference 2014, Auckland, New Zealand, February 12-14, 2014.

Luszczynska, A. & **Hagger, M. S.** (2014). Self-efficacy or planning? Effects of a change in cognitions on adolescents' behavior and body fat. Paper presented at the 28<sup>th</sup> Annual Conference of the European Health Psychology Society 2014, Innsbruck, Austria, August 26-30, 2014.

## **2015**

- Caudwell, K. & **Hagger, M. S.** (2015). Predicting pre-drinking alcohol consumption and related harm among university undergraduates: A dual-systems approach. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- Chan, D. K. C. & **Hagger, M. S.** (2015). Is self-control predictive to athletes' anti-doping behavioural responses? Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.
- Chan, D. K. C., Ivarsson, A., Stenling, A., Yang, S. X., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2015). Consistency tendency interferes factor correlations in sport and exercise psychology research? A randomised controlled cross-over trial. Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.
- Chan, D. K. C., Yang, S. X., Pan, L., Chen, M. & **Hagger, M. S.** (2015). A longitudinal study of the common-sense model of illnesses among haematology patients in China. Paper presented at the 29<sup>th</sup> Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Fenner, A., Howie, E., Davis, M., **Hagger, M. S.** & Straker, L. (2015). The effects of Curtin University's Activity, Food, and Attitudes Program, on psychological outcomes in overweight and obese adolescents and their parents: One-year follow up. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- Hagger, M. S.** (2015). The multiple pathways by which self-control predicts health behaviour. Paper presented at the 2015 Australian Psychological Society College of Health Psychologists Conference, April 10-11, 2015, Coogee Beach, Sydney, Australia.
- Hagger, M. S.** (2015). The role of willpower and self-control in exercise and physical activity. Paper presented at the 6<sup>th</sup> National Sports Institute (ISN) International Sports Science and Sports Medicine Conference 2015, Putrajaya, Kuala Lumpur, Malaysia, April 20-23, 2015.
- Hagger, M. S.** (2015). Can models of motivation and social cognition used to predict exercise behaviour be rejected?. Paper presented at the 14th European Congress of Sport Psychology (FEPSAC), Bern, Switzerland, July 14-19, 2015.
- Hagger, M. S.** (2015). Attitudes and beliefs of the general public towards a minimum price policy for alcohol in Western Australia: A qualitative study. Paper presented at the Australasian Professional Society on Alcohol and other Drugs (APSAD) Annual Scientific Alcohol and Drug Conference 2015, November 8-11, 2015, Perth, Western Australia.
- Hagger, M. S.** & Hardcastle, S. J. (2015). Interpersonal style should be included in taxonomies of behaviour change techniques. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- Hagger, M. S.**, Koch, S. & Orbell, S. (2015). Coping as mediators of illness representations in the common sense model: A meta-analysis. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Hamilton, K., **Hagger, M. S.**, Henderson, J. (2015). A qualitative investigation exploring how health-promoting behaviours are discussed in general practice. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Hamilton, K., Pearson, M., & Peden, A. (2015). Stop there's water on the road! Developing theory-based messages to prevent people driving through flooded waterways. Paper presentation at the World Conference on Drowning Prevention, Penang, Malaysia, November 4-6, 2015.
- Hattar, A., **Hagger, M. S.**, & Pal, S. (2015). Weight-loss intervention using implementation intentions and mental imagery: A randomised control trial study protocol. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.

- Kamarova, S., Chatzisarantis, N. L. D. & **Hagger, M. S.** (2015). Self-improvement goals: Overpowering effect of social comparisons on happiness and competence evaluations. Paper presented at the Australasian Society for Behavioural Health and Medicine (ASBHM) 12th Annual Scientific Conference, February 11-13, 2015, Perth, Western Australia.
- Meslot, C., Gauchet, A., **Hagger, M. S.** & Allenet, B. (2015). Implementation intention and mental imagery to improve physical activity. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Nurmi, J., Haukkala, A., Araujo-Soares, V., **Hagger, M. S.** & Hankonen, N. (2015). Why do youth high in self-control exercise more? Motivation quality and self-regulatory skills as mediators. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Orbell, S., Henderson, C. & **Hagger, M. S.** (2015). Illness cognition in seasonal context. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- Sainbury, K., Kothe, E., Mullan, B., **Hagger, M. S.** & Hamilton, K. (2015). Effective behaviour change techniques in health behaviour change interventions: A review of meta-analyses. Paper presented at the 29th Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015.
- 2016**
- Brown, D., Morrissey, D., **Hagger, M. S.**, Hamilton, K. (2016). Testing a multi-phase, multi-theory model of health behaviour: Exploring fruit and vegetable consumption in long-haul drivers. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Chan, D. K. C., Ivarsson, A., Stenling, A. & **Hagger, M. S.** (2016). Inter-item distance changes the predictive power of motivation on health behavior? A randomised controlled trial. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Hagger, M. S.** (2016). On nomological validity: Testing theory stipulated networks of relations among constructs in social cognitive models applied to health behavior. Invited presentation at the Social Personality and Health Preconference, Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28, 2016.
- Hagger, M. S.** (2016). Theoretical integration in exercise psychology: Toward comprehensive frameworks for physical activity behaviour. Keynote address presented at the Italian Association of Sport Psychology (AIPS) XXI National Congress 2016, May 27-29, 2016.
- Hagger, M. S.** (2016). Using meta-analytic path analysis to test the nomological validity and processes of social cognitive theories in health behavior research. Paper presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan, July 24-29, 2016.
- Hagger, M. S.** (2016). Predicting and understanding people's self-regulation of social and health behaviour. Keynote address presented at the Pedaforum Congress, Jyväskylä, Finland, August 17-18, 2016.
- Hagger, M. S.** (2016). How exercise professionals can change physical activity behaviour by promoting self-regulation. Keynote address presented at the European Network of Young Specialists in Sport Psychology Conference, Warsaw, Poland, October 21-22, 2016.
- Hagger, M. S.** (2016). How theories from psychology and behavioural science can inform the development of effective interventions to promote health behaviour. Keynote address presented at the Finnish National Conference on Health Psychology, Helsinki, Finland, October 25-26, 2016.
- Hagger, M. S.**, Chan, D. K. C., Protogerou, C., & Chatzisarantis, N. L. D. (2016). Theoretical Integration in social psychological theories applied to health behaviour: Rationale, advantages, and examples. Paper presented at the Asian Congress of Health Psychology 2016, Yokohama, Japan, July 23-24, 2016.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2016). Multiple high-powered registered replications of the resource-depletion effect. Oral presentation at the Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28-30, 2016.
- Hagger, M. S.** & Chatzisarantis, N. L. D. (2016). An integrated behavior change model for physical activity. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.

- Hagger, M. S.**, Pang, J., & Watts, G. F. (2016). Predicting familial hypercholesterolemia patients' quality of life and self-assessed health: Illness beliefs, beliefs about medication, and health literacy. Paper presented at the European Atherosclerosis Society Congress, Innsbruck, Austria, May 29-June 1, 2016.
- Hamilton, K., Peden, A., Keech, J., & **Hagger, M. S.** (2016). Driving through floodwater: exploring driver decisions through the lived experience. Paper presented at the 30th Conference of the European Health Psychology Society and British Psychological Society Division of Health Psychology, August 23-27, 2016, Aberdeen, Scotland.
- Hattar, A., Pal, S. & **Hagger, M. S.** (2016). A health action process approach predicting physical activity-related outcomes within an overweight and obese adult sample. Paper presented at the Society for Personality and Social Psychology (SPSP) 17<sup>th</sup> Annual Convention, San Diego, USA, January 28-30, 2016.
- Keech, J., O'Callaghan, F., **Hagger, M. S.**, & **Hamilton, K.** (2016). Stress mindset and stress-related outcomes: A model of deliberative and implicit influences on behavioural mediators. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Kwasnicka, D., Vandelanotte, C., Rebar, A., Gardner, B., Short, C., Duncan, M. & **Hagger, M. S.** (2016). Comparing motivational, self-regulatory and habitual processes in a computer-tailored physical activity intervention in hospital employees: The PATHS randomised controlled trial. Paper presented at the European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2016, Aberdeen, UK, August 23-27, 2016.
- Kwasnicka, D., Vandelanotte, C., Gardner, B., Rebar, A., & **Hagger, M. S.** (2016). Comparing self-regulatory and automatic processes in a computer-tailored physical activity intervention in frontline healthcare professionals. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.
- Teixeira, P. J., Silva, M. N., Marques, M. M., Carraça, E. V., La Guardia, J. G., Williams, G. C., Patrick, H., Markland, D., Ntoumanis, N., Reeve, J. M., Sebire, S. J., Lonsdale, C., Standage, M., Haerens, L., Michie, S., Ryan, R. M. & **Hagger, M. S.** (2016). Identifying self-determination theory-based techniques aimed at promoting autonomy, competence, and relatedness in health contexts. Paper presented at the 6<sup>th</sup> International Conference on Self-Determination Theory, June 1-3, Victoria BC, Canada.
- Zhang, C. Q., Chung, P. K., Chan, D. K. C., & **Hagger M. S.**, Liu, J.D., Si, G. Wearing facemask to prevent influenza in Hong Kong elderly people: A qualitative investigation. Paper presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016.

## **2017**

- Chan, D. K. C., Standage, M., Lonsdale, C., & **Hagger, M. S.** (2017). The trans-contextual model and learning safety in sport. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Chan, D. K.-C., & **Hagger, M. S.** (2017). Implicit doping attitude and awareness of unintentional doping. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Conroy, D., & **Hagger, M. S.** (2017). Imagery interventions in health behaviour: A meta-analysis. Paper presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Hagger, M. S.** (2017). Lessons learned from the ego-depletion replication and suggestions for future research. Paper presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain, July 5-8, 2017.
- Hagger, M. S.** (2017). Attitudes and physical activity. Paper presented at the Attitudes Conference, Annenberg Public Policy Center of the University of Pennsylvania, May 17-19, 2017.
- Hagger, M. S.**, & Chatzisarantis, N. L. D. (2017). A pre-registered multi-lab replication of the ego-depletion effect: Implications for the replication "crisis" and health psychology. Paper presented at the 31st Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Hagger, M. S.**, & Chatzisarantis, N. L. D. (2017). The trans-contextual model. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.

- Hagger, M. S.**, Koch, S., Chatzisarantis, N. L. D., & Orbell, S. (2017). Meta-analysis of the common sense model of illness self-regulation. Paper presented at the Finnish National Conference on Health Psychology, Helsinki, Finland, October 31-November 1, 2017.
- Hagger, M. S.**, Pang, J., Hardcastle, S. J., & Watts, G. F. (2017). Health literacy in familial hypercholesterolemia patients: A cross-national study. Paper presented at the Cardiovascular Society of Australia and New Zealand Annual Scientific Meeting, Perth, Australia, August 10-13, 2017.
- Hamilton, K., Kirkpatrick, A., Rebar, A., & **Hagger, M. S.** (2017). Child sun safety: Application of an integrated behaviour change model. Paper presented at the Australian Psychological Society College of Health Psychologists/ Australasian Society for Behavioural Health and Medicine (ASBHM) Conference, Surfer's Paradise, Gold Coast, Australia, July 13-15, 2017.
- Hamilton, K., Keech, J., Peden, A., & **Hagger, M. S.** (2017). Investigating the correlates of alcohol use and aquatic injury and drowning: a systematic review. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- Hamilton, K., Peden, A., Keech, J., & **Hagger, M. S.** (2017). Changing people's attitudes and beliefs toward driving through floodwaters: evaluation of a video infographic. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- Hamilton, K., Peden, A., Keech, J., Shelby, P., & **Hagger, M. S.** (2017). To drive or not to drive: understanding people's behavioural decision making in vehicles around floodwater. Paper presented at the World Conference on Drowning Prevention, October, 17-19, 2017, Vancouver, Canada.
- Kamarova, S., Chatzisarantis, N. L. D., Kawabata, M., & **Hagger, M. S.** (2017). School-based intervention programs in promoting leisure-time physical activity: Applying the theory of planned behaviour. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Kwasnicka, D., Vandelanotte, C., Rebar, A., Gardner, B., Short, C., Duncan, M., Crook, D., & **Hagger, M. S.** (2017). Applying motivational, self-regulatory and habit-development techniques in a computer-tailored physical activity intervention in healthcare professionals. Paper presented at the 31<sup>st</sup> Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.
- Kwasnicka, D., Rebar, A., Vandelanotte, C., Short, C., Duncan, M., & **Hagger, M. S.** (2017). Data-prompted interviews exploring the self-regulatory and automatic components of a physical activity intervention for healthcare professionals. Paper presented at the Australian Psychological Society College of Health Psychologists/ Australasian Society for Behavioural Health and Medicine (ASBHM) Conference, Surfer's Paradise, Gold Coast, Australia, July 13-15, 2017.
- Mallia, L., Lucidi, F., Zelli, A., & **Hagger, M. S.** (2017). Predicting moral attitudes and behaviour in young team sport athletes: A self-determination theory perspective. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Polet, J., Lintunen, T., & **Hagger, M. S.** (2017). Meta-analysis and path analysis of the reasoned action approach to understand pa and health behaviour: The effect of past behaviour. Paper presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.

## **2018**

- Brown, D., J., **Hagger, M. S.**, & Hamilton, K. (2018). Exploring a laypersons understanding of health-habit formation: A network diagram approach. Poster presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.
- Brown, D., J., **Hagger, M. S.**, & Hamilton, K. (2018). Testing a three-phase integrated model of health behaviour for binge drinking and dental flossing. Paper presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.
- Chan, D. K. C., Lee, A. S. Y., Standage, M., Lonsdale, C., & **Hagger, M. S.** (2018). Students' motivation and beliefs in sport injury prevention: A qualitative investigation of the trans-contextual model. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.
- Galli, F., Lucidi, F., Chirico, A., Mallia, L., & **Hagger, M. S.** (2018). A trans-behavioral model of motivation in academic context. Poster presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.



- Hagger, M. S.** (2018). Health behaviour, health promotion, and the transition to parenthood: Insights from research in health psychology and behaviour change. Paper presented at the International Workshop of the Israel Science Foundation, Pathways and Barriers to the Transition to Parenthood: Existential concerns regarding fertility, pregnancy, and early parenthood, Bar-Ilan University, Tel-Aviv, Israel, March 12-14, 2018.
- Hagger, M. S.** (2018). In favor: Interventions based on behavioural theory work in the real world. Paper presented at the International Society of Behavioural Nutrition and Physical Activity 2018 Annual Meeting, Hong Kong, June 3-6, 2018.
- Hagger, M. S.** (2018). Developing a way to describe psychology theories applied in health behavior research: A process diagram approach. Master lecture presented at the 29<sup>th</sup> International Congress of Applied Psychology, Palais des congrès, Montréal, Québec, Canada, June 26-30, 2018.
- Hagger, M. S.** (2018). Two processes by which trait self-control relates to behaviour. Invited lecture presented at the 2018 Dresden Symposium "Volition and Self-Control: From Metaphors to Mechanisms", University of Dresden, Collaborative Research Centre on "Volition and Cognitive Control", Dresden, Germany, August 29-31, 2018.
- Hagger, M. S.** (2018). Testing the theory of planned behavior and reasoned action approach: a meta-analytic structural equation modeling approach. Invited lecture presented at the Identifying the Determinants of (Non-)Replicability: The Theory of Planned Behavior meeting, Trier, Germany, October 17-19, 2018.
- Hagger, M. S.**, Hardcastle, S. J., Hu, M., Kwok, S., Lin, J., Nawawi, H. M., Pang, J., Santos, R. D., Soran, H., Su, T.-C., Tomlinson, B., & Watts, G. F. (2018). Health literacy in familial hypercholesterolemia: A cross-national study. Poster presented at the XVIIIth International Symposium on Atherosclerosis, Toronto, Canada, June 9-12, 2018.
- Hagger, M. S.**, & Orbell, S. (2018). Self-regulation in sickness and in health. State-of-the-art presentation presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.
- Hamilton, K., Gibbs, I., Keech, J. J., & **Hagger, M. S.** (2018). Predicting heavy episodic drinking in young Australian university students: a dual process approach. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.
- Hamilton, K., Trost, N., Keech, J. J., Chan, D. K. C., & **Hagger, M. S.**, (2018). Predicting sugar consumption: application of an integrated dual process, dual-phase model. Paper presented at the 32<sup>nd</sup> Conference of the European Health Psychology Society, Galway, Ireland, August 21-25, 2018.
- Hagger, M. S.**, Zhang, C. Q., Protogerou, C., Girelli, L., Mallia, L., & Lucidi, F. (2018). Past behavior and self-reported habit and behavioral automaticity in social cognitive models: meta-analysis and test of a process model. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.
- Keech, J. J., **Hagger, M. S.**, Orbell, S., & Hamilton, K. (2018). Development and validation of a new measure of stress mindset: The stress control mindset measure (SCMM). Poster presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.
- Zhang, C. Q., Schwarzer, R., Zhang, R., & **Hagger, M. S.** (2018). A meta-analysis of the health action process approach and health behaviors. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018.

## **2019**

- Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). A qualitative investigation of habit formation in the Australian population. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). Understanding the role of counter-intentional habits in children's nutrition behaviors. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- Brown, D., **Hagger, M. S.**, & Hamilton, K. (2019). A Qualitative investigation of the use and characterisation of "habit" by lay-people. Paper to be presented at the 33<sup>rd</sup> Annual Conference of the European Health Psychology Society, September 3-7, 2019, Dubrovnik, Croatia.
- Chan, D. K. C., Zhang, L., Lee, A. S. Y., Leung, K., & **Hagger, M. S.** (2019). Sport injury prevention and the reciprocal relationships between self-determination theory and the theory of planned behaviour. Paper to be presented at the 15<sup>th</sup> European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

- Chan, D. K. C., Lee, A. S. Y., Leung, K., Tang, T. C. W., & **Hagger, M. S.** (2019). Swimming and the reciprocal relationships between autonomous motivation and social cognitive variables. Paper to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Hagger, M. S.**, Hassandra, M., Laukkanen, A., Polet, J., Hankonen, N., Hirvensalo, M., & Lintunen, T. (2019). Theoretical basis of the PETALS intervention program: The trans-contextual model. Paper to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Hagger, M. S.** & Weed, M. (2019). Do interventions based on behavioral theory work in the real world?. Panel discussion presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.
- Hamilton, K., & **Hagger, M. S.** (2019). Social cognitive mediators of socioeconomic and demographic correlates of health behavior. Paper to be presented at the 33rd Annual Conference of the European Health Psychology Society, September 3-7, 2019, Dubrovnik, Croatia.
- Hamilton, K., Demant, D., Peden, A. E., & **Hagger, M. S.** (2019). A systematic review of human behaviour in and around floodwater. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.
- Hamilton, K., Brown, D., & **Hagger, M. S.** (2019). Testing an integrated model of nutrition behavior in a sample of Australian children. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 6-9, 2019, Washington DC, USA.
- Hankonen, N., Knittle, K., Heino, M., Marques, M. M., Beattie, M., Stenius, M., Ehbrecht, F., Hagger, M. S., Hardeman, W. (2019). What can individuals do to manage their motivation and behaviour? An integrative classification and toolkit of self-enactable techniques. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.
- Hassandra, M., Laukkanen, A., Lintunen, T., Polet, J., Hankonen, N., Hirvensalo, M., & **Hagger, M. S.** (2019). Description of the development of the autonomy-supportive PE teacher training program (PETALS). Paper to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Keech, J., **Hagger, M. S.**, O'Callaghan, F. V., & Hamilton, K. (2019). The impact of stress mindsets on physical and psychological wellbeing: Testing a stress health beliefs model in police officers using a Bayesian path analysis. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- Keech, J., **Hagger, M. S.**, O'Callaghan, F. V., & Hamilton, K. (2019). Examining the buffering effect of stress mindsets on the relationship between self-regulatory styles, health behaviours, and psychological health. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.
- Laukkanen, A., Hassandra, M., Polet, J., Kaaja, E., Rantalainen, M., **Hagger, M. S.**, & Lintunen, T. (2019). Implementation of the PETALS intervention teacher training program. Paper to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Lintunen, T., Hassandra, M., Laukkanen, A., Polet, J., Hankonen, N., Hirvensalo, M., & **Hagger, M. S.** (2019). Acceptability of the PETALS PE teacher training programme to promote autonomous motivation toward physical activity. Paper to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Marques, M. M., Teixeira, P. J., Silva, M. N., & **Hagger, M. S.** (2019). Specifying the active components of self-determination theory-based change interventions in health contexts: an expert consensus study. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.
- Olson, J., Ireland, M., March, S., Biddle, S. J. H., & **Hagger, M. S.** (2019). Physical activity in inner-regional Australia: Does social and environmental context impact conscious and non-conscious processes? Paper presented at the Australian Society of Behavioural Health and Medicine Conference, February 13-15, 2019, Christchurch, New Zealand.
- Phipps, D., **Hagger, M. S.**, & Hamilton, K. (2019). A meta-analysis of implicit and explicit attitudes in children and adolescents. Paper presented at the Australian Psychological Society College of Health Psychologists Annual Conference, April 26-27, 2019, Adelaide, Australia.

Polet, J., **Hagger, M. S.**, Lintunen, T. (2019). Predicting change in autonomous motivation, intention and behaviour for leisure time physical activity using trans-contextual model. Paper presented at the 7<sup>th</sup> Self-Determination Theory Conference, May 21-24, 2019, Amsterdam, the Netherlands.

Polet, J., **Hagger, M. S.**, Lintunen, T., & Hansen, M. (2019). Predicting change in out-of-school physical activity using the trans-contextual model. Paper to be presented at the 15<sup>th</sup> European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.

## **CONFERENCE SYMPOSIA**

Biddle, S. J. H., **Hagger, M. S.**, Schwarzer, R. & Luszczynska, A. (2016). Challenges and future directions in research on determinants of physical activity. Symposium presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016. Participants: Stuart J. H. Biddle (Victoria University, Australia), Martin S. Hagger (Curtin University, Australia), Ralf Schwarzer (Australian Catholic University, Australia) and Luszczynska, A. (University of Colorado, Colorado Springs, USA).

Cabral, P., La Greca, A. M., Baker, A. C., Wallander, J. & **Hagger, M. S.** (2016). Relationships and health across adolescence: Insights from longitudinal research. Symposium presented at the International Congress of Behavioral Medicine, Melbourne, Australia, December 7-10, 2016. Participants: Annette La Greca (University of Miami, USA), Patricia Cabral (University of California, Merced, USA), Ashley C. Baker (University of California, Merced, USA), Jan Wallander (University of California, Merced, USA), and Martin S. Hagger (Curtin University, Australia). Discussant: Martin S. Hagger (Curtin University, Australia).

Chan, D. K. C., & **Hagger, M. S.** (2017). The premises, evidence, and application of the Trans-Contextual Model in multiple physical activity and health contexts. Symposium presented at the International Society of Sport Psychology 14<sup>th</sup> World Congress 2017, Sevilla, Spain, July 10-14, 2017.

Crutzen, R., Peters, G.-J. Y., **Hagger, M. S.**, Heino, M., & Johnston, M. (2017). The replication crisis in (health) psychology: reflections and solutions. Symposium presented at the 31<sup>st</sup> Conference of the European Health Psychology Society: Innovative ideas in Health Psychology, Padova, Italy, August 31-September 2, 2017.

**Hagger, M. S.** (1999). Advances in physical self-perception research: Theory development and diverse applications. Symposium presented at the 10<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Prague, Czech Republic: Charles University. Participants: Chow, E.W. (University of Loughborough), I. Tomas (University of Valencia), Georgiadis, M. (University of Loughborough), Fox, K. (University of Exeter).

**Hagger, M. S.** (2003). Promoting and enhancing physical activity in young people: Motivational and educational issues. Symposium presented at the 11<sup>th</sup> European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, July 22-27, 2003. Participants: Chatzisarantis, N. (Brunel University), Lindwall, M. (Stockholm University), Weed, M. (University of Loughborough).

**Hagger, M. S.** (2003). Advances in illness representation research: Theory development and diverse applications. Symposium presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, UK, September 3-5, 2003. Participants: Horne, R., (University of Brighton), O'Sullivan, I. (University of Essex), Norman, P. (University of Sheffield), Rees, G. (University of Stirling) and Weinman, J. (King's College London).

**Hagger, M. S.** (2003). International research on the self-regulation model in health and illness I: Recent theoretical advances. Symposium presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003. Participants: Horne, R., (University of Brighton), Moss-Morris, R. (University of Auckland), Heijmans, M. (Netherlands Institute of Health Services Research), Orbell, S. (University of Essex) and Weinman, J. (King's College London).

**Hagger, M. S.** (2003). International research on the self-regulation model in health and illness I: Advanced applications of the self-regulation model to clinical populations. Symposium presented at the 2003 European Society of Health Psychology Conference, Kipriotis Conference Centre, Kos, Greece, September 24-27, 2003. Participants: (Leiden University Medical Centre), Mitchell, N. (University of Sheffield), Rutter, C. (King's College London), Scharloo, M. (Leiden University Medical Centre) and Weinman, J. (King's College London).

**Hagger, M. S.** (2006). Advances in illness perceptions research and practice. Symposium presented at the British Psychological Society Annual Conference, Cardiff, March 31 – April 1, 2006. Participants: Howard Leventhal (Rutgers the State University of New Jersey, USA), John Weinman (King's College, London, UK), Rob Horne (University of Brighton, UK), and Martin S. Hagger (University of Nottingham, UK).

- Hagger, M. S.** (2006). What can self-determination theory contribute to understanding motivation in sport and exercise? Symposium presented at the British Psychological Society Division of Sport and Exercise Psychology Inaugural Conference 2008, BPS Offices, London, UK, December 11-12, 2008. Participants: Nikos L. D. Chatzisarantis (Plymouth University, UK), Martyn Standage (University of Bath, UK), Nikos Ntoumanis (National Institute of Education, Singapore), and Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2006). Individual differences and social processes in health-related outcomes and behaviour. Symposium presented at the Joint European Health Psychology Society and British Psychological Society Division of Health Psychology Annual Conference 2008, University of Bath, Bath, UK, September 9-11, 2008. Participants: Peter Bibby (University of Nottingham, UK), Nikos L. D. Chatzisarantis (National Institute of Education, Singapore), Claire Lawrence (University of Nottingham, UK), Eamonn Ferguson (University of Nottingham, UK), Sarah McLachlan (University of Nottingham, UK), and Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2009). Intrinsic motivation and self-determination in health and well-being. Symposium presented at the British Psychological Annual Conference, Brighton, UK, April 1-3, 2009. Participants: Nikos Ntoumanis (University of Birmingham, UK), Martyn Standage (University of Bath, UK), Maarten Vansteenkiste (Katholieke Universiteit Leuven, Belgium), Martin S. Hagger (University of Nottingham, UK), Discussant: Richard Ryan (University of Rochester, USA).
- Hagger, M. S.** (2009). Theoretical integration in health psychology: Unifying ideas and complimentary explanations. Symposium presented at the 23<sup>rd</sup> Annual Conference of the European Health Psychology Society 2009, Pisa, Italy, September 23-26, 2009. Participants: Nikos Ntoumanis (University of Birmingham, UK), Christopher J. Armitage (University of Sheffield, UK), Jana M. Richert (Freie Universität Berlin, Germany), Martin S. Hagger (University of Nottingham, UK), Discussant: Falko F. Sniehotta (University of Aberdeen, UK).
- Hagger, M. S.** (2010). Developing and integrating knowledge in the social sciences of sport & exercise: Interrogating 'normal science'. Symposium presented at the 15th Annual Congress of European College of Sport Science, Antalya, Turkey, July 23-27, 2010. Participants: Jenny Page (University of Chichester, UK), Mike Weed (Canterbury Christ Church University, UK), Martin S. Hagger (University of Nottingham, UK).
- Hagger, M. S.** (2010). Theory-based interventions to promote physical activity in young people. Symposium presented at the III International Conference of Physical Education and Sports Science (ICPESS 2010), National Institute of Education, Singapore, May 25-28, 2010. Participants: Stuart J. H. Biddle (Loughborough University, UK), Nikos L. D. Chatzisarantis (National Institute of Education, Singapore), John C. K. Wang (National Institute of Education, Singapore), Martin S. Hagger (University of Nottingham, UK). Discussant: Richard M. Ryan (Rochester University, USA).
- Hagger, M. S.** (2014). The value of using laboratory and field research to better understand mechanisms in health behaviour. Symposium presented at the 28th International Congress of Applied Psychology (ICAP), Paris, France, July 8-13, 2014. Participants: Rik Crtutzen (Maastricht University, the Netherlands), Greg Descamps (University of Bordeaux, France), Sonia Lippke (Jacobs University, Germany) and Martin S. Hagger (Curtin University, Australia). Discussant: Blair T. Johnson (University of Connecticut, USA).
- Hagger, M. S.** (2014). Back to basics, forward to application: A continuum of knowledge generation in behavioural medicine. Symposium presented at the 13th International Congress of Behavioral Medicine, Groningen, the Netherlands, August 20-23, 2014. Participants: Nikos L. D. Chazisarantis (Curtin University, Australia), Barbara Mullan (Curtin University, Australia), Mike Weed (Canterbury Christ Church University, UK), and Martin S. Hagger (Curtin University, Australia).
- Hagger, M. S.** & Chan, D. K. C. (2016). Integrated theory-informed research as a means to develop an evidence base for the development of effective health behaviour-change interventions. Symposium presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan, July 24-29, 2016. Participants: Derwin K. C. .
- Hagger, M. S.**, Chan, D. K. C., & Weed, M. E. (2018). Debate symposium: Interventions based on behavioural theory work in the real world. Symposium presented at the International Society of Behavioural Nutrition and Physical Activity 2018 Annual Meeting, June 3-6, 2018. Participants: Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland), Mike Weed (Canterbury Christ Church University, UK), Derwin K. C. Chan (University of Hong Kong, Hong Kong).
- Hamilton, K., (Chair) & **Hagger, M. S.** (Discussant) (2018). Applications of integrated social cognitive theories in predicting and changing health behavior. Paper presented at the Society of Behavioural Medicine Annual Meeting, New Orleans, USA, April 11-14, 2018. Participants: Derwin K. C. Chan (University of Hong Kong, Hong Kong), Chun-Qing Zhang (Hong Kong Baptist University, Hong Kong), Kyra Hamilton (Griffith University, Australia), Ryan Rhodes (University of Victoria, Canada), & Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland).

- Ioanna, C., Coyne, J., Ozakinci, G. & **Hagger, M. S.** (2013). Improving the credibility of health psychology intervention research: problems and solutions. Symposium presented at the 27<sup>th</sup> Annual Conference of the European Health Psychology Society 2013, Bordeaux, France, July 16-20, 2013. Participants: Ioanna Cristea (Babeş-Bolyai University, Romania), James C. Coyne, (University of Pennsylvania, USA), Gozde Ozakinci (University of St. Andrews, UK), Martin S. Hagger (Curtin University, Australia).
- Kroese, F., de Wit, J. B. F. & **Hagger, M. S.** (2015). Alternative views on how self-control shapes health behavior. Symposium presented at the 29<sup>th</sup> Annual Conference of the European Health Psychology Society 2015, Limassol, Cyprus, September 1-5, 2015. Participants: Tracy Cheung (Utrecht University, the Netherlands), Marlene Gillebaart (Utrecht University, the Netherlands), Flor Kroese (Utrecht University, the Netherlands), John B. F. de Wit (University of New South Wales, Australia): Discussant: Martin S. Hagger (Curtin University, Australia).
- Lintunen, T., & **Hagger, M. S.** (2017). The increasing motivation for physical activity (IMPAct) Project: Theory development and intervention strategies. Symposium presented at the International Society of Sport Psychology 14th World Congress 2017, Sevilla, Spain, July 10-14, 2017.
- Lintunen, T., Hassandra, M., Laukkanen, A., Polet, J., & **Hagger, M. S.** (2019). Basis, design, development and acceptability of the physical education teacher autonomy support training to promote leisure-time physical activity in students (PETALS) intervention. Symposium to be presented at the 15th European Congress of Sport & Exercise Psychology, July 15-20, 2019, Muenster, Germany.
- Zerhouni, O., & **Hagger, M. S.** (2017). Ego-depletion: Where do we go from here? Symposium presented at the 18th General Meeting of the European Association of Social Psychology, Granada, Spain, July 5-8, 2017. Participants: Karolin Gieseler (University of Saarland, Germany), Marleen Gillebaart (Utrecht University, the Netherlands), Martin S. Hagger (Curtin University, Australia and University of Jyväskylä, Finland), Oulmann Zerhouni (University of Paris, West, France).

## **PUBLIC ENGAGEMENT ACTIVITIES**

- Hagger, M. S.** (September 15, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation to the British Science Association Festival, Science Media Centre, Bradford, UK.
- Hagger, M. S.** (September 16, 2011). The cost of alcohol: The advocacy for a minimum price per unit of alcohol in the UK. Invited presentation at the Alcohol Research UK Launch Event, Royal Society of Arts, London, UK.
- Hagger, M. S.** (November 22, 2013). The science of health behaviour. Inaugural speech at the Health Psychology and Behavioural Medicine (HPBM) Research Group Launch and Networking Meeting, Hyatt Regency, Perth, Australia.
- Hagger, M. S.** (October 29, 2014). Developments on people's beliefs about minimum pricing for alcohol and causes of binge drinking. Invited presentation to the Behavioural Research in Alcohol Breakfast Networking Meeting, Matilda Bay, Perth, Australia.

## **INVITED RESEARCH SEMINARS/PRESENTATIONS**

### **2001**

- Hagger, M. S.** (2001, September 25). Illness cognitions in health related research: A meta-analysis of the common sense model and relationships with coping and outcome behaviours. Invited presentation to Psychology Unit, Thomas Guys House, Guy's Hospital, London, UK.
- Hagger, M. S.** (2001, October 25). A meta-analytical review of the self-regulation model of illness representations. Invited presentation to Department of Psychology, Keynes College, University of Kent at Canterbury, Canterbury, UK.

### **2002**

- Hagger, M. S.** (2002, May 29). I'd rather be watching TV: Analysing children's decision-making in a physical activity context. Invited presentation to Department of Sports Sciences, St. Mary's University College, Waldegrave Road, Twickenham, UK.
- Hagger, M. S.** & Orbell, S. (2002, October 31). A meta-analytic review of the common sense model of illness representations. Invited presentation as part of the Department of Psychology Internal Research Seminar Series, University of Essex, Colchester, UK.

## 2003

**Hagger, M. S.** (2003, February 27). Young people's decisions regarding their leisure-time physical activity behaviour: Results of a (reasoned) research programme. Invited presentation to Health Behaviour Unit, University College London, London, UK.

**Hagger, M. S.** (2003, October 23). How people cope with illness: Cognitive representations and self-regulation. Invited presentation to the Department of Psychology, University of Hull, Hull, UK.

**Hagger, M. S.** (2002, October 31). 'The best laid plans': Results of a (reasoned) research programme into the psychological influences on physical activity. Invited presentation to the Sport and Exercise Psychology Group, Department of Biological Sciences, University of Essex, Colchester, UK.

## 2004

**Hagger, M. S.** (2004, 14<sup>th</sup> April). Promoting self-esteem in young athletes. Invited presentation at the BPS Sport and Exercise Psychology Division Satellite Workshop "Psychology of Sports Coaching", Imperial College, London.

**Hagger, M. S.** & Rentzelas, P. (2004, November 10). When it's all right to go your own way": Cross-cultural differences in the evaluation of group members behaviour and the importance of norms group. Invited presentation as part of the Department of Psychology Internal Research Seminar Series, University of Essex, Colchester, UK.

## 2005

**Hagger, M. S.** (2005, April 29). The importance of social psychology to health psychology. Invited presentation to the British Academy Health Psychology Workshop, University Miguel Hernandez, Alicante, Spain.

## 2006

**Hagger, M. S.** (2006, February 24). Self-regulation and physical activity in young people. Invited presentation to Department of Psychology, Glasgow Caledonian University, Glasgow, Scotland, UK.

**Hagger, M. S.** (2006, October 18). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to the College of Life and Natural Sciences, Psychology, University of Derby, Derby, UK.

## 2007

**Hagger, M. S.** (2007, February 7). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to Department of Sport and Exercise Sciences, University of Sunderland, Sunderland, UK.

**Hagger, M. S.** (2007, February 15). An integrated approach to self-regulation and physical activity behaviour across contexts: The trans contextual model of motivation. Invited presentation to School of Sport and Health Sciences, Loughborough University, Loughborough, UK.

**Hagger, M. S.** (2007, March 9). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, Birmingham, UK.

**Hagger, M. S.** (2007, May 10). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to Faculty of Sport Sciences and Physical Education, Coimbra University, Coimbra, Portugal.

**Hagger, M. S.** (2007, October 17). An integrated approach to self-regulation and health behaviour across contexts: The trans contextual model of motivation. Invited presentation to the Health Lifestyle Interventions Research Centre, Coventry University, Coventry, UK.

## 2009

**Hagger, M. S.** (2009, January 22). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Invited presentation to the School of Psychology, Staffordshire University, Stafford, UK.

**Hagger, M. S.**, Stiff, C., Wood, C. & Chatzisarantis, N. L. D. (2009, February 17). The nature of ego-energy: Effects of choice on self-control. Invited presentation as part of the School of Psychology Internal Research Seminar Series, University of Nottingham, Nottingham, UK.

**Hagger, M. S.** (2009, February 19). "Less is more, more or less" Theoretical integration in health psychology: Eliminating redundancy and complimentary explanations. Invited presentation to the Department of Psychology, University of Roehampton, London, UK.

## **2010**

**Hagger, M. S.** (2010, October 13). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the School of Sport Science, Exercise and Health, University of Western Australia, Western Australia.

**Hagger, M. S.** (2010, November 3). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the School of Sport and Exercise Sciences, Northumbria University, Newcastle-upon-Tyne, UK.

**Hagger, M. S.**, Stiff, C., Wood, C. & Chatzisarantis, N. L. D. (2010, November 9). Ego-depletion and self-control: A meta-analysis. Invited presentation to the Faculty of Science, School of Life Sciences, the Open University, Milton Keynes, UK.

**Hagger, M. S.** (2010, December 6). Changing behaviour: Self-control and self-regulation. Invited presentation to the Psychology and the Digital Economy, Horizon Digital Economy Research, Jubilee Campus, University of Nottingham, Nottingham, UK.

## **2011**

**Hagger, M. S.** (2011, April 1). "Less is more, more or less" Theoretical integration in health psychology: Implications for physical activity and exercise. Invited presentation to the Department of Sport and Exercise Sciences, University of Chichester, Chichester, UK.

## **2012**

**Hagger, M. S.** (2012, March 27). Motivating children in and out of school: Research findings and practical implications. Invited presentation to the Motivation in Educational Research (MERL) Annual Seminar 2012, National Institute of Education, Singapore.

**Hagger, M. S.** (2012, April 11). Self-control resource depletion: Research on mechanisms and applications in health and social psychology. Invited presentation to the SHARP research lab, Department of Psychology, University of Connecticut, Storrs, Connecticut USA.

**Hagger, M. S.** (2012, April 19). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation to the School of Sport and Service Management, Chelsea School, University of Brighton, Eastbourne, UK.

**Hagger, M. S.** (2012, August 16). The mental games: Inside the mind of an Olympic athlete. Public even organized by Curtin University for National Science Week 2012, Curtin University, Perth, Western Australia.

**Hagger, M. S.** (2012, October 4). Self-control resource depletion: Research on mechanisms and applications in health and social psychology. Invited presentation to the School of Psychology, University of Sydney, Sydney, New South Wales, Australia.

## **2013**

**Hagger, M. S.** (2013, January 31). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation to the Graylands Neuroscience Unit, Department of Health, Perth, Western Australia.

**Hagger, M. S.** (2013, March 17). Willpower, self-control, and health behaviour. Invited presentation to the School of Applied Psychology, Griffith University, Mt. Gravatt, Brisbane, Queensland, Australia.

**Hagger, M. S.** (2013, December 1). ARC grant writing: Best practice and tips for a winning project. Invited presentation to the School of Biomedical Sciences Research Retreat, Curtin University, Como, Perth, Western Australia.

## **2014**

- Hagger, M. S.** (2014, March 3). Implicit and explicit influences on health behaviour. Invited presentation to the Faculty of Health Sciences and Medicine, Bond University, Robina, Queensland, Australia.
- Hagger, M. S.** (2014, March 20). Willpower, self-control, ego-depletion, and health. Invited presentation to the School of Psychology, Queensland University of Technology, Brisbane, Queensland, Australia.
- Hagger, M. S.** (2014, March 21). Willpower, self-control, and ego-depletion: Mechanisms, processes and outcomes. Invited presentation to the School of Psychology, University of Queensland, Brisbane, Queensland, Australia.
- Hagger, M. S.** (2014, March 12). Self-regulation, self-control, motivation, and health behaviour: from theory to intervention. Invited presentation as part of the Faculty of Health Sciences Professorial Research Seminar Series, Curtin University, Perth, Western Australia.
- Hagger, M. S.** (2014, April 17). Beliefs and perceptions of the introduction of plain packaging for cigarettes in Australia: Preliminary results. Invited presentation as part of the School of Psychology and Speech Pathology Internal Research Seminar Series, Curtin University, Perth, Western Australia.
- Hagger, M. S.** (2014, September 12). Self-control and self-regulation in exercise and physical activity: Processes and applications. Invited presentation to the School of Human, Health, and Social Sciences, Central Queensland University, Rockhampton, Queensland, Australia.
- Hagger, M. S.** (2014, October 10). Self-control resource depletion: Research on mechanisms and applications in health psychology. Invited presentation as part of the School of Psychology and Speech Pathology Internal Research Seminar Series, Curtin University, Perth, Western Australia.
- Hagger, M. S.** (2014, November 20). Implicit and explicit influences on health behaviour. Invited presentation to the Laboratoire Sport et Environnement Social, University of Grenoble, Grenoble, France.
- Hagger, M. S.** (2014, November 25). From intentions to behaviour: Converting good intentions into action. Invited presentation to the Laboratoire Interuniversitaire de Psychologie, University of Grenoble, Université Pierre Mendès, Grenoble, France.
- Hagger, M. S.** (2014, November 28). Theory based Interventions in health behaviour. Invited presentation to the Laboratoire Interuniversitaire de Psychologie, University of Grenoble, Université Pierre Mendès, Grenoble, France.
- Hagger, M. S.** (2014, December 1). Self-control and health behaviour: From theory to intervention. Invited presentation to the Department of Psychology, University of Lyon, Lyon, France.
- Hagger, M. S.** (2014, December 9). Self-control and ego-depletion: Predictions, processes and behaviour. Invited presentation to the University of Zürich, Psychologisches Institut, Angewandte Psychologie: Life-Management, Zurich, Switzerland.
- Hagger, M. S.** (2014, December 10). Meta-analysis workshop. Workshop at the University of Zürich, Psychologisches Institut, Angewandte Psychologie: Life-Management, Zurich, Switzerland.

## **2015**

- Hagger, M. S.** (2015, March 18). Motivation and learning climate in physical education: Motivational theory and cross-cultural issues. Invited presentation to the Faculty of Psychology and Health, University of Malaysia Sabah, Kota Kinabalu, Sabah, Malaysia.
- Hagger, M. S.** (2015, June 8). Self-control and ego-depletion: Predictions, models, processes and behaviour. Invited presentation to the Self-Regulation Laboratory, Department of Psychology, Utrecht University, Utrecht, the Netherlands.
- Hagger, M. S.** (2015, June 9). Using motivation and planning together to change health behaviour. Invited presentation to Public Health Conference, Utrecht University, Utrecht, the Netherlands.
- Hagger, M. S.** (2015, September 18). Theoretical integration and application of psychosocial theories in sport, exercise and health contexts. Invited presentation to the Department of Health and Physical Education, Education University of Hong Kong, Hong Kong.



- Hagger, M. S.** (2015, September 19). Tips on how to do a systematic review and meta-analysis study and tips on how to write and publish at top journals in psychology. Workshop presented to the Department of Health and Physical Education, Education University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2015, September 22). Self-control and self-regulation in the fields of sport, exercise, and health psychology. Public seminar presented at the Education University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2015, October 21). APS workshop on scientific writing. Workshop presented to the Australian Psychological Society Queensland Branch, College of Health Psychologists Training Event, Griffith University, Brisbane, Australia.
- Hagger, M. S.** (2015, November 12). Behavioural solutions to health problems-Curtin's health psychology and behavioural medicine research group. Invited presentation to the Curtin-St John of God Subiaco Hospital Research Retreat, Perth, Western Australia.

## **2016**

- Hagger, M. S.** (2016, May 17). Predicting health behaviour and facilitating health behaviour change using integrated theoretical models. Invited presentation to the Department of Psychology, University of Perugia, Perugia, Italy.
- Hagger, M. S.** (2016, June 28). Theoretical integration in health and social psychology. Invited presentation to the Department of Psychology and Social Science, University of Rome "La Sapienza", Rome, Italy.
- Hagger, M. S.** (2016, June 29). Promoting physical activity in young people: Using theories of motivation to inform practice. Invited presentation to the Department of Sport Science, University of Verona, Verona, Italy.
- Hagger, M. S.** (2016, August 3). Is the ego-depletion effect real? Lessons from a multi-lab registered replication report. Invited presentation to the School of Psychology, University of Exeter, Exeter, UK.
- Hagger, M. S.** & Smith, J. (2016, August 1-13). Using theory to inform behaviour change interventions. Invited Workstream for the European Association of Social Psychology Summer School, School of Psychology, University of Exeter, Exeter, UK.
- Hagger, M. S.** (2016, September 2). Self-determination theory and in health behaviour: Controversies and solutions. Invited presentation to the Finnish Network of Self-Determination Theory, University of Helsinki, Helsinki, Finland.

## **2017**

- Hagger, M. S.** (2017, March 16). Using theories from psychology and behavioral science to inform the development of effective interventions to promote health behavior change. Invited presentation to the Departments of Psychological Sciences and Public Health, University of California, Merced, USA.
- Hagger, M. S.** (2017, March 24). Using theories from psychology and behavioral science to inform the development of effective interventions to promote health behavior change. Invited presentation to the School of Public Health, University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, March 30). Applying psychosocial theories in health and educational contexts. Invited symposium in the Department of Physical Education, Hong Kong Baptist University, Hong Kong.
- Hagger, M. S.** (2017, April 20). How theories from psychology and behavioural science can inform the development of effective interventions to promote health behaviour: Application of an integrated model of behavior change. Invited presentation to the Faculty of Social Sciences, Hong Kong Baptist University, Hong Kong.
- Hagger, M. S.** (2017, April 25). The multi-lab replication of the ego-depletion effect: Summary, impact and implications for the replication "crisis". Invited presentation to the Department of Psychology, University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, June 5). Using psychological theory to inform the development of effective behavioural interventions to promote behaviour change in health contexts. Invited presentation to the Department of Psychology, Education University of Hong Kong, Hong Kong.
- Hagger, M. S.** (2017, October 15). Ego-depletion: Replicability and mechanisms. Invited presentation to the Department of Psychology, Lund University, Lund, Sweden.

**Hagger, M. S.** (2017, November 21). The ego-depletion effect: Results and implications of a multi-lab pre-registered replication. Invited presentation to the Department of Psychology, University of Essex, Colchester, UK.

**Hagger, M. S.** (2017, November 27). Ego-depletion: Updates on replication and mechanisms, and implications for health behaviour. Invited presentation to the School of Social Sciences, Birmingham City University, Birmingham, UK.

**Hagger, M. S.** & Chan, D. K. C. (2017, November 28). Promoting physical activity more effectively: Theory and interventions. Invited presentation to the School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, UK.

**Hagger, M. S.** (2017, November 29). Developing effective theory-based interventions to promote behaviour change in health contexts: An integrated approach. Invited presentation to the Faculty of Medicine & Health Sciences, University of Nottingham, Nottingham, UK.

**Hagger, M. S.** (2017, November 30). Using psychological theory to inform the development of effective behavioural interventions to promote behaviour change in health contexts. Invited presentation to the Division of Psychology, School of Life Sciences and Education, Staffordshire University, Stoke-on-Trent, UK.

## **2018**

**Hagger, M. S.** (2018, February 20). Using psychological theory to promote health behaviour change. Invited presentation to the Physically Active and Lifestyles (PALS) Research Group, University of Southern Queensland, Springfield Campus, Springfield, QLD, Australia.

**Hagger, M. S.** (2018, February 22). Ego-depletion and self-control: Replication, mechanisms, and implications for health behaviour. Invited presentation as part of the USQ 'Research Giants' seminar series, University of Southern Queensland, Toowoomba Campus, Toowoomba, QLD, Australia.

**Hagger, M. S.** (2018, March 15). The Importance of self-control in determining behaviour: Theory, mechanisms and implications for practice. Invited presentation at Bar-Ilan University, Tel-Aviv, Israel.

**Hagger, M. S.** (2018, April 6). APS workshop on changing health behaviour using imagery and mental simulations. Workshop presented to the Australian Psychological Society Queensland Branch, College of Health Psychologists Training Event, Griffith University, Brisbane, Australia.

## **2019**

**Hagger, M. S.** (2019, April 17). APS workshop on scientific writing and publishing. Workshop presented to the Australian Psychological Society, College of Health Psychologists, Griffith University, Brisbane, Australia.

**Hagger, M. S.** (2019, April 24). APS workshop on scientific writing and publishing. Workshop presented to the Australian Psychological Society, College of Health Psychologists, University of Adelaide, Adelaide, Australia.