Lauren Van Till

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Academic History

Liberty University Online Bachelor of Science, Psychology

• 4.0 GPA

Research Interests

My primary research goal is to assist individuals with diabetes throughout the lifespan. I am especially interested in adding to the limited research and psychiatric resources available to type 1 diabetics. I hope to study the transition from adolescence to emerging adulthood and discover ways in which the process can be improved. Additionally, I am interested in studying the link between diabetes and co-occurring disorders such as depression and eating disorders.

Research Experience

Research Assistant for the SHARPP Lab

University of California, Merced

• I am a research assistant for doctoral student Danielle Rojas while she completes her pre-candidacy thesis on the theory of planned behavior and physical activity. I am trained in title screening, abstract screening, and data extraction for conducting a metaanalysis.

Principle Investigator of Diabetic Reactions to COVID-19 Study Turlock, California California State University, Stanislaus April 2020-Present

• I am currently developing an online study examining diabetics' reactions to COVID-19. The study is currently in a conceptual development phase. Candidate factors include current HbA1c values, frequency of endocrinologist visits, social support, tangible support, and demographics such as race, education level, political preference, and occupation. Working hypotheses include: (1) more frequent endocrinologist visits will be positively correlated with higher levels of precautions for COVID-19; (2) higher levels of social support will be positively correlated with higher levels of precautions for COVID-19; (3) higher levels of tangible support will be positively correlated with higher levels of precautions for COVID-19; (4) higher levels of education will be positively correlated with higher levels of precautions for COVID-19; (5) diabetics with left-wing ideals will be positively correlated with higher levels of precautions for COVID-19; (6) diabetics with essential jobs, as outlined by the government, will be negatively associated with higher levels of precautions for COVID-19. The goal of the study is to not only speak to COVID-19 related behaviors, but also overall diabeticrelated behaviors.

Lynchburg, Virginia December 2018

Merced, California

November 2020-Present

Co-Principle Investigator for the COVID-19 Caregiver Burden StudyTurlock, CaliforniaCalifornia State University, StanislausMarch 2020-Present

• This study was created to investigate the relationship between the caregiver burden experienced by informal caregivers during COVID-19 and health-related factors. Factors that are being examined include physical activity, depression, resiliency, and anxiety. The study is being conducted through an online survey created through Qualtrics. In the creation of the study, I had a role in choosing which external factors were included in the study, finding which assessments to use, and entering the study into Qualtrics. The study is currently collecting data.

Turlock, California

February 2019-Present

Lead Research Assistant for the Healthy Aging Lab

California State University, Stanislaus

• This lab conducts research on cognitive functioning and its association with social support and exercise in a geriatric sample. I was recruited by Dr. Kelly Cotter to assist in continuing the four-year longitudinal study that was developed by her, Dr. Dawn Strongin and Dr. Gary Williams. I joined the lab while posters were being drafted for the Western Psychological Association conference and the second round of participants was being recruited. I assisted in writing and organizing the poster focused on examining the relationship cognition and social support. In addition, I learned to score the assessments used in the lab (WAIS-IV, WMS-IV, RBANS, and MMSE) according to the official scoring criteria. In March 2019, I was asked to transition into a leadership position within the lab. With this new position, I created lab schedules, contacted new participants to book appointments, and became familiar with the lab finances. Additionally, I also administered the WAIS-IV and WMS-IV to new participants and learned to administer the RBANS and MMSE. In the fall of 2019, I entered and analyzed the data in SPSS to submit to the 2020 Western Psychological Association conference.

Lead Research Assistant for the Therapist/Physician Perception LabTurlock, CaliforniaCalifornia State University, StanislausMarch 2019-Present

• Research in this lab examines first impressions of healthcare professionals to see if the matching hypothesis, or the idea that patients prefer to see healthcare providers that share their ethnic and religious background, applies. I assisted in data entry through Microsoft Excel in preparation for a poster presentation at the 2019 Western Psychological Association conference. I also assisted in editing and formatting the poster that focused on therapist impressions before the conference. In August 2019, I was asked to continue the study as the lead research assistant. Currently the lab is focusing on physician impressions and new data analysis strategies.

Writer for the Motivation and Musical Performance Study

Pacific Union College

Angwin, California December 2015-April 2016

• Conducted within a child development research course, this study aimed to discover the type of motivation behind continued musical performance. The study found that intrinsic motivation was the best predictor for continued musical performance. I was requested by Dr. Charlene Bainum to assist student-colleagues in writing a paper about the findings after the research had already been conducted. I had a part in writing all sections of the paper and contributed to the creation of a poster at the Western Psychological Association in April 2016.

Presentations

- Rojas, D., Van Till, L. M., Mashinchi, G. M., McDiffett, C., Harrison, A., Cotter, K. A., Strongin, D., & Williams, G. (2020, October). *Examining the relationship between physical activity and cognitive function in older adults*. Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- Odisho, C., **Van Till, L. M.,** & Baker, K. D. (2020, October). *Factors affecting the help-seeking process: willingness to seek religious-based and secular counseling*. Poster presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- McDiffett, C., Jonson, E., Van Till, L. M., Mashinchi, G. M., Ghaffari, T., Trammel, T.,
 Mendes, E. E., Lopez, E., Velazquez, M. L., Cotter, K. A., Strongin, D., & Williams, G.
 (2019, April). *The relationships between social factors and cognitive ability in an elderly* population. Poster presented at the annual meeting of the Western Psychological Association, Pasadena, CA.
- Mashinchi, G. M., Baker, K. D., Saleh, M., & Van Till, L. (2019, April). *The effect of religious indicators and gender on first impressions of potential psychotherapists*. Poster presented at the annual meeting of the Western Psychological Association, Pasadena, CA.
- Voigt, R. K., Alvarado, M., Birkl, N., Greene, M., Van Till, L., & Bainum., C. K. (2016, April). Intrinsic motivation as a determinant of continued musical performance. Poster presented at the annual meeting of the Western Psychological Association, Long Beach, CA.

Teaching Experience

Teaching Assistant

Pacific Union College

• Working under the Pacific Union College Honors Department Chair, Dr. Georgina Hill, I assisted in both English and honors courses. My duties in those courses included grading and entering assignments, giving students feedback on papers, and updating the syllabus. I also aided Dr. Hill in the creation of an updated honors department catalogue and the planning and organization of many honors events.

Professional Experience

Angwin, California

September 2015-April 2016

<u>Paid</u> Administrative Assistant for Bethany Home

• In November 2019, I was asked by the Executive Director of Bethany Home to return to work at the facility and to work directly under her. Initially my job included working at the front desk as the primary point of contact for external communication with the facility, managing the census, and creating and using Microsoft Excel files for many departments within the facility. In February 2020, my role informally transitioned into becoming the Admissions Assistant. This role includes reviewing hospital referrals to find potential residents that our facility can best serve, collaborating directly with the Executive Director and the Director of Nursing to coordinate admissions, and communicating with case managers, families, nursing staff, and hospice services to insure a smooth transition into the facility.

Activities Aide for Bethany Home

• I was an activities aide in a skilled nursing facility. While working there, I assisted residents in daily activities as needed, conducted naturalistic observation of the residents that was submitted to my supervisor, attended monthly trainings on HIPAA and safety, and created and conducted activities that were accommodating to both fully cognitively functioning individuals and those with less cognitive functioning at the same time.

Nanny

Ripon, California

Ripon, California

December 2013-December 2018

August 2016-March 2017

• I was a nanny for a 12 year old boy and an eight year old girl who had a chronic illness. My job included assisting them with their homework, making meals, giving the girl medications as needed, bringing the girl to the hospital if needed, and taking them both to their activities.

Volunteer

One Walk Team Leader

October 2017, October 2019, November 2020

• For three years I have created and fundraised a team to walk in the Juvenile Diabetes Research Foundation's One Walk to raise money for type 1 diabetes research.

Volunteer for Bethany Home

Ripon, California

January 2019-February 2019

San Francisco, California

• I visited residents and assisted handicapped residents on various outings around Ripon.

Volunteer for Vacation Bible School

Ripon, California

Ripon, California

December 2019-Present

• I was a co-leader for preschool-aged children during the weeks of Vacation Bible School. My duties included accompanying the children to all activities, guiding the children during crafts and story time, and assisting in any special needs that arose.

Affiliations

American Psychological Association Affiliate	October 2018-Present
Dean's List Member	Summer 2017-Fall 2018
Pacific Union College Psychology Club Member	October 2015-April 2016
Pacific Union College Honors Student	September 2014-April 2016
Korean American Student Association Member	September 2014-June 2015

Awards

Pacific Union College's President's Scholarship	Fall 2014-Spring 2016
• A \$15,000 scholarship awarded each academic year	
Delta Blood Bank Scholarship	Fall 2014
• A \$350 scholarship	
Howard F. and Mary Pope Eichoff Scholarship	Fall 2014
• A \$1,000 scholarship	

<u>Skills</u>

Proficiency in Point Click Care web software Proficiency in Allscripts referral system Proficiency with Microsoft Office Proficiency with Qualtrics survey software Familiarity with SPSS software Strong understanding of HIPAA and patient privacy guidelines Trained in WAIS-IV cognitive assessment scoring and administration Trained in WMS-IV cognitive assessment scoring and administration Trained in MMSE cognitive assessment scoring and administration Trained in RBANS cognitive assessment scoring and administration Familiarity with reading medical records

Certifications

Completion of CSU - Basic Course in the Protection of Human Research Subjects Completion of CSU - Social and Behavioral Responsible Conduct of Research Course Completion of Sexual Harassment Prevention Training for California Employees