

# Susette A. Moyers, M.A.

Phone: 310-351-2056

Email: [smoyers@ucmerced.edu](mailto:smoyers@ucmerced.edu)

Linked In: <https://www.linkedin.com/in/susette-a-moyers-m-a-25250b92/>

## EDUCATION

- Ph.D. University of California, Merced 2017- Expected 2022  
Doctor of Philosophy in Health Psychology  
Advisor: Jitske Tiemensma/ Martin Hagger
- M.A. Pepperdine University 2014-2016  
Master of Arts in Psychology (Cum Laude)  
Thesis: *The Effects of Social Interaction on Sleep and Cortisol in Low Socio-Economic Populations*
- B.A. University of California, Los Angeles 2012-2014  
Bachelor of Arts in Psychology with honors
- A.A. Santa Monica College 2010-2012  
Associate of Arts in Social and Behavioral Sciences (Cum Laude)

## WORK EXPERIENCE

- Teaching Assistant** Fall 2019  
Psychology 120- Health Psychology  
University of California, Merced
- Moyers, S. A. (October, 2019). *Physical activity*. Guest lecture given at the University of California, Merced to Psychology 120 undergraduate class, Merced, California.
- Teaching Assistant** Spring 2019  
Psychology 001-Introduction to Psychology  
University of California, Merced
- Teaching Assistant** Fall 2018  
Psychology 181-Clinical NeuroPsychology  
University of California, Merced
- Teaching Assistant** Spring 2018  
Psychology 143-Abnormal Child Psychology  
University of California, Merced
- Moyers, S.A. (March, 2018). *Stress, Trauma, and PTSD in Children*. Guest lecture given at the University of California, Merced to Psychology 143 undergraduate class, Merced, California.
- Teaching Assistant** Fall 2017  
Psychology 001-Introduction to Psychology  
University of California, Merced

Moyers, S.A. (October, 2017). *Mechanisms of Memory*. Guest lecture given at the University of California, Merced to psychology 001 undergraduate class, Merced, California.

**Research Associate**

2016-2017

*Sovereign Health Group*

Performed upper-level psychometric ratings such as SCID-V, WAIS-IV, MMPI-2RF, and any other projective testing as appropriate for patient based on current and pending diagnoses, wrote relevant psychological reports at the completion of each visit for each patient, managed the collection of data and ensured that it was precise and accurate, conducted literature research for all relevant projects, conducted on-going testing of company cognitive products, created proposals and promoted company products in research-related capacities, coordinated collaborative work efforts between staff from different departments and clinical sites in order to maximize the efficiency and effectiveness of the patient's treatment plan.

**Rehabilitation Technician**

2014

*Promises Treatment Centers*

Transported clients to and from necessary appointments when needed, observed and monitored clients behavior and intervened based on schedule, facilitated assigned groups/meetings/activities per program schedule, documented observations / milieu interventions in client records, coordinated milieu treatment with counseling staff (via client record, staff communication, and counseling/residential interface meeting), wrote a shift log (including check-in and check-out as well as a summary of the shift events), supervised self-administration of client medications, searched items brought to facility and lock-up of contraband and medications, completed admission/intake paperwork with incoming client when needed, provided one-on-one supervision of at-risk clients (ATA risk; suicidal ideation, etc.), supported aftercare component by facilitating aftercare groups, conducted sober living house checks, and conducted UA drug screen collection.

**PUBLICATIONS**

Moyers, S. A. & Tiemensma, J. (Submitted). The association between physical activity, sleep, and quality of life in patients in remission from Cushing' Syndrome. *Pituitary*.

Arroyo, A., Gray, A., Goliaei, Z. Halliday, D., and Moyers, S. A., Song A. (Submitted). From adolescence to adulthood: National trends in obesity and weight loss. *JAMA Pediatric*.

**SPEAKING PRESENTATIONS**

Moyers, S.A. & Tiemensma, J. (April, 2019). *The association between exercise, sleep, and quality of life in patients in remission from Cushing' Syndrome*. Western Psychological Association, 99<sup>th</sup> Annual Conference, Pasadena, California.

Moyers, S. A. (March, 2017). *Graduate school acceptance*. Panel presentation at Pepperdine University Master of Arts in Psychology class, West Los Angeles, California. *Invited talk*

Moyers, S. A. (2016, June). *The Effects of Social Bonding on Sleep and Cortisol in Low Socio-Economic Populations*. Presentation conducted at Pepperdine's first annual GSEP Student Research and Project Symposium, Los Angeles, California.

Moyers, S. A. & Thapar-Olmos, N. (2016, March). *Stress, Resilience, and Healthy Women in the Workplace*. Presentation conducted at the annual GSEP Women in Leadership Conference, Los Angeles, California. *Invited talk*

Castañeda-Sound, C. L., Sanchez, J. A., Moyers, S. A., & Venegas, S. S. (2015, June). *Training Experiences of Bilingual Therapists*. Presentation given at Pepperdine's first annual graduate

school of education and psychology faculty research symposium, West Los Angeles, California.

## **POSTER PRESENTATIONS**

- Moyers, S. A. & Tiemensma, J. (2019, March). *The association between exercise, sleep, and quality of life in patients in remission from Cushing's Syndrome*. Society of Behavioral Medicine, 40<sup>th</sup> Annual Conference, Washington, D.C.
- Castañeda-Sound, C. L., Sanchez, J. A., Moyers, S. A., & Venegas, S. S. (2018, October). *Exploring the Clinical Skill Development of Bilingual Trainees*. National Latina/o Psychological Association biennial conference, San Diego, California.
- Pettit, C., Moyers, S., Moss, I. K., Iturralde, E., Rodriguez, A., Corley, F., Ramos, M., & Margolin, M. (2017). *Co-rumination as a moderator between victimization and depressive symptoms*. Biennial Meeting of the Society for Research on Child Development, Austin, Texas.
- Pettit, C., Moyers, S., Moss, I. K., Iturralde, E., Rodriguez, A., Corley, F., Ramos, M., Iturralde, E., & Margolin, M. (2017). *Observed Global Irritability in Dyadic Peer Discussions as Predicted by Depressive Symptoms and Negative Life Events*. Biennial Meeting of the Society for Research on Child Development, Austin, Texas.
- Moyers, S. A., Pettit, C., Kellerman, I., Ramos, M., Iturralde, E., Corley, F., Margolin, G. (2017, April). *The role of gender in adolescent depression and put down behaviors*. Society for Research in Child Development Biennial Meeting, Austin, Texas.
- Harari, L. A., Moyers, S. A., Raposa, E. B., & Hammen, C. L. (2014, May). *The Role of Early Life Stress, and Parenting Styles in Predicting Alcohol Consumption*. Poster presented at the psychology undergraduate research conference, Los Angeles, California.

## **SERVICE**

- Research Lab Assistant** 2016  
*University of Southern California*  
Neuroendocrinology and Social Ties Lab (PI: Dr. Darby Saxbe)  
-Recruited study participants from the San Fernando Valley area, ran participants in the study (included saliva collection for cortisol analysis), data entry, and transcribed video and audio interviews
- Research Lab Assistant** 2015- 2016  
Family Studies Project (PI: Dr. Gayla Margolin)  
*University of Southern California*  
-Coded video data of dyads by identifying specific adaptive and maladaptive interpersonal behavioral patterns within the dyad for further quantitative analysis
- Research Lab Assistant**  
Language and Culture Lab (PI: Dr. Carrie Castañeda-Sound)  
*Pepperdine University* 2015- 2016  
-Worked with a team to identify, examine, and interpret patterns and themes from interview transcripts for qualitative analysis
- Research Lab Assistant** 2013- 2014  
Social Environmental Health Experiences Lab  
*University Of California, Los Angeles*  
-Administered informed consent/explained the study, ran baseline measures, and ensured adherence to study protocol for each participant (including daily diary entries, follow-up surveys, and saliva collection for cortisol analysis)

**FELLOWSHIPS/AWARDS****Amount**

|   |        |
|---|--------|
| Graduate Dean's Relocation Grant (September, 2017)        | \$500  |
| 2018 SSHA Dean's Summer Research Award (April, 2018)      | \$858  |
| Psychological Sciences Summer Support Award (April, 2018) | \$3385 |
| Health Psychology Travel Presentation Award (April, 2019) | \$160  |
| Psychological Sciences Summer Support Award (April, 2019) | \$4213 |

**PROFESSIONAL AFFILIATIONS**

- American Psychological Association
- Health Sciences Research Institute at University of California, Merced
- International Society of PsychoNeuroEndocrinology
- Society of Behavioral Medicine (Member number: 26397)