

# THAÍS ZANATTA BENOIT

Merced, California (USA) - 95344

Email: tbenoit2@ucmerced.edu

## EDUCATION

Ph.D. in Health Psychology University of California <i>Advisor:</i> Martin Hagger	08/2020 – 05/2024 Merced, CA (USA)
Master of Science in Kinesiology Texas Tech University <i>Advisor:</i> Marc Lochbaum	01/2018 – 05/2019 Lubbock, TX (USA)
Bachelor of Physical Education Universidade Federal de Viçosa <i>Advisor:</i> Israel Teoldo	03/2010 – 01/2016 Viçosa, MG (Brazil)
Foreign Exchange Student Abilene Christian University	08/2013 – 12/2014 Abilene, TX (USA)

## CERTIFICATION

Mental Health First Aid USA	12/2019 Lubbock, TX (USA)
First Aid/CPR	08/2018 Lubbock, TX (USA)

## RESEARCH EXPERIENCE

Research Assistant Texas Tech University <i>PI:</i> Dr. Marc Lochbaum	05/2019 – 08/2019 Lubbock, TX (USA)
Research Assistant Texas Tech University <i>PI:</i> Dr. Marc Lochbaum	05/2018 – 08/2018 Lubbock, TX (USA)
Research Assistant Centre of Research and Studies in Soccer (NUPEF) <i>PI:</i> Dr. Israel Teoldo	09/2012 – 07/2013 Viçosa, MG (Brazil)

## TEACHING EXPERIENCE

Graduate Teaching Assistant Texas Tech University Course: Diet and Exercise	01/2018 – 12/2019 Lubbock, TX (USA)
---	--

## PUBLICATIONS PEER REVIEWED

1. Lochbaum, M., **Zanatta, T.**, & Kazak, Z. (2019). The 2 × 2 Achievement Goals in Sport and Physical Activity Contexts: A Meta-Analytic Test of Context, Gender, Culture, and Socioeconomic Status Differences and Analysis of Motivations, Regulations, Affect, Effort, and Physical Activity Correlates. *European Journal of Investigation in Health, Psychology and Education*, 10(1), 173–205. doi:10.3390/ejihpe10010015
2. **Zanatta, T. C.**, Rottensteiner, C., Konttinen, N., & Lochbaum, M. (2018). Individual motivations, motivational climate, enjoyment, and physical competence perceptions in Finnish team sport athletes: A prospective and retrospective study. *Sports*. 6(4), 165. doi:10.3390/sports6040165
3. **Zanatta, T. C.**, Freitas, D., Carelli, F., & Costa, I. (2018). O perfil do gestor esportivo brasileiro: Revisão sistemática da literatura. [The profile of Brazilian sport managers: A systematic review of the literature] *Movimento (ESEFID/UFRGS)*, 24(1), 291-304. doi:10.22456/1982-8918.73803
4. Souto, A. L., Lima, L. M., Castro, E. A., Veras, R. P. Segheto, W., **Zanatta, T. C.**, & Doimo, L. A. (2015). Blood pressure in hypertensive women after aerobics and hydro gymnastics sessions. *Nutrición Hospitalaria*, 32, p. 823-828. doi:10.3305/nh.2015.32.2.9228

## PRESENTATIONS

- Zanatta, T. C.**, & Lochbaum, M. (2019). Sport Motivation Scale: A meta-analysis. *In: Research Poster Competition*. Lubbock, TX, USA. Poster Presentation.
- Zanatta, T. C.**, & Lochbaum, M. (2018). Individual and climate perceptions of Finnish youth team sport athletes. *In: North American Society for the Psychology of Sport and Physical Activity (NASPSPA)*. Denver, CO, USA. National Conference. Oral Presentation.
- Zanatta, T. C.**, & Lochbaum, M. (2018). Individual perceptions of Finnish youth team sport athletes. *In: Research Poster Competition*. Lubbock, TX, USA. Poster Presentation.
- Zanatta, T. C.**, Sodr , P. V. S., & Freitas, D. M. (2017). Hist ria da administra o esportiva no Brasil: Realidades e perspectivas. [History of sport management in Brazil: realities and perspectives]. *In: Anais SIMPAC*, Viosa, Brazil. Poster Presentation.
- Zanatta, T. C.**, Doimo, L. A., Segheto, W., Pereira, P. R., & Santos, F. A. (2012). Imagem corporal em mulheres praticantes de atividade f sica. [Body image perceptions of women practicing in physical activity]. *In: 35th National Symposium of Sport Science*. *Revista Brasileira de Ci ncia e Movimento*, 20, 195. S o Paulo, Brazil. Poster Presentation.

## SCHOLARSHIPS & FELLOWSHIPS

- |   |                                   |
|---|-----------------------------------|
| Coach James McNally Endowment<br>Texas Tech University<br>\$1990  | 05/2018<br>Lubbock, TX (USA)      |
| Ci ncias sem Fronteiras<br>Brazilian National Council for Scientific and Technological Development (CNPq)<br>\$75,000 | 08/2013 – 12/2014<br>(Brazil-USA) |

Fundação Arthur Bernardes  
Universidade Federal de Viçosa  
\$1200

09/2012 – 07/2013  
Viçosa, MG (Brazil)

Introduction to Research  
Brazilian National Council for Scientific and Technological Development (CNPq)  
\$1200

08/2011 – 07/2012  
Viçosa, MG (Brazil)

## AWARDS

Medal Arthur Bernardes  
Universidade Federal de Viçosa

01/2016  
Viçosa, MG (Brazil)

Research Poster Competition  
Texas Tech University

04/2018  
Lubbock, TX (USA)

## PROFESSIONAL AFFILIATIONS

Society of Health and Physical Educators

National Wellness Institute

American Psychological Association

## LANGUAGES

Portuguese: Native proficiency

English: Full professional proficiency

Spanish: Professional proficiency